# Adult Hearing Services

# Gloucestershire Hospitals NHS Foundation Trust

### **Future Hearing Tests**

Under our Adult Hearing Service you'll be responsible for asking for future hearing tests yourself. Please contact us if:

- You feel that your hearing has changed significantly
- You find that you are wearing your hearing aid on maximum volume most of the time
- You feel that the hearing aids are no longer as useful as they were
- It has been 3-5 years since your last hearing test

You'll be booked a short appointment to check your hearing aid and we will decide if a hearing test is needed.

# **Loop System**

When you see this sign (often in the theatre, cinema, bank, post office or shops), this means there is a loop system available to



hearing aid users. The loop system helps reduce background noise so you can hear the speaker more clearly. Please ask if you'd like more information

#### **Clinic locations**

Under Adult Hearing Services you can ask to be seen in Gloucester, Cheltenham, Cirencester, Dursley, Lydney, Stroud, Moreton in Marsh or Tewkesbury. Waiting times may vary between sites.

# **Hearing Therapy**

In Hearing Therapy we can:

- Help you to make the best of your hearing at work, home and socially
- Provide hearing tactics and lipreading advice
- Assess your needs and give advice on equipment such as loop systems, telephones, doorbells, alarm clocks and baby alarms
- Offer tinnitus support and coping strategies
- Provide support to you and your family about hearing loss, or any other issues centred around this

#### **Tinnitus**

Tinnitus, sounds in your head or ears, can be natural and normal for people of all ages. It is more often noticed in people with some hearing loss. If you're worried about your tinnitus or finding it difficult to manage please contact us.

For additional information, support and advice:

British Tinnitus Association www.tinnitus.org.uk

Information Video Instructions



www.c2hearonline.com

# How to look after your hearing aid

Clean the ear piece with a damp cloth or wet-wipe on a daily basis and keep it in a safe place when not wearing it.

The hearing aid tubing will get hard and discoloured with time. This can change the sound quality. We suggest that the tubes are changed every 6 months. Tubes can be ordered from us by phone or email. If you would like the tube replaced for you please contact us or GDA for an appointment.

# Hearing aid repairs

If you have any problems with your hearing aid we understand how important it can be to get it fixed quickly. If it isn't working or seems faulty the quickest way is to use our postal repair service.

You can post or drop the hearing aid to us at Cheltenham General or Gloucester Royal Hospital. It will then be repaired, re-tubed or replaced and we will arrange to get it back to you.

#### **Earmoulds**

If you think you need a new earmould, you will need to make an appointment to have an impression taken of your ears. Please make sure your ears are free of wax for this appointment.

Hearing loss charities for support, information, and equipment sales

Action on Hearing Loss www.actiononhearingloss.org.uk

GDA (formerly Gloucester Deaf Association) **www.qda.org.uk** 

#### **Batteries**

Free NHS hearing aid batteries can be collected from various locations around the county. Always take your brown record book with you.

You can also phone or email us and we will post the batteries out to you.

## Lost hearing aids

If you lose or damage your hearing aid through negligence or neglect there could be a £70 charge per hearing aid in order for us to replace it. If this happens please get in touch. It may be quicker to replace your hearing aid if you have an old ear mould.

#### Contact details

#### Postal address:

Hearing Services Gloucester Royal Hospital Great Western Road Gloucester GL1 3NN

#### Phone:

0300 422 6773 0300 422 6919

#### Email:

Accessories, lost aids and enquiries *qhn-tr.hearing.services@nhs.net* 

Appointment booking *ghn-tr.audiology.appts@nhs.net* 

#### Website:

Videos of how to look after your hearing aid www.gloshospitals.nhs.uk/our-services/services-we-offer/hearing-services