

Resource checklist for all discharges for dying patients or patients thought to be appropriate for 'Just in Case' medications

In the case of any uncertainty or concerns, please contact Palliative Care Team at ANY TIME

From within Acute Trust CGH x3447, GRH x5179 OOH via Switchboard

From outside Trust via Gloucestershire Hospitals switchboard 03004222222

ORIGINAL PACKAGE OF JUST IN CASE MEDICINES

1. Midazolam 2.5-5mg SC hourly PRN (Supply 10 (ten) ampoules)
2. Levomepromazine 6.25mg SC 6hrly PRN (Supply 1 box of ten ampoules)
3. Glycopyrronium 200-400mcg SC 2-4hrly PRN max 1.2mg/24hrs (Supply 1 box of ten ampoules)
4. Morphine 2.5-5mg SC hourly PRN (Supply 10 (ten) ampoules 10mg/ml strength) (or alternative opioid if indicated eg GFR<30) .

These DO need to be written up on a white drug chart.

NEW JUST IN CASE MEDICINES IN ADDITION TO THE ORIGINAL PACKAGE

1. Oramorph 2.5-5mg prn po hourly max, supply 100ml (2mg/ml) for pain and breathlessness (or alternative opioid if indicated eg GFR<30) .
2. Lorazepam 0.5-1mg prn hourly max, sublingual, max 4mg/24hrs, supply 28 tablets, for anxiety, agitation and breathlessness

These DO NOT need to be written on the white drug chart

DRUG ADMINISTRATION EQUIPMENT

From ward supplies please also provide 5 x 2ml syringes, 5 x subcut needles (orange) and 10 red blunt fill needles. Saf T Inima needle x2, 3 pairs of gloves and Clinell wipes.

DOCUMENTS

1. Caring for someone at the end of their life leaflet
2. Completed ReSPECT form
3. White drug chart completed as above

ADDITIONAL EQUIPMENT

If the patient is dying and is going home and without care please consider providing a small supply of the following from the ward: Incontinence pads, Straws, Dry conti wipes, Soft toothbrush, Gloves, Apron, Clinical Waste bags, Bed pans / Bottles, Mouth swabs.

PLEASE MAKE SURE

- I. Patient / Family/Carers – fully understand the situation. Please manage expectations that services may be limited, but emphasise to phone if concerned to District nurses, own doctors surgery or NHS111
- II. Refer to District Nursing service – via telephone. Numbers attached
- III. GP – provide usual discharge information **and** ensure they add ReSPECT details to Summary Care Record with Additional Information

GLOUCESTERSHIRE COMMUNITY NURSING REFERRALS CONTACT DETAILS

Locality	Telephone Number
Cheltenham	0300 4216070
Cotswolds	0300 4216072
Gloucester	0300 4216071
Forest of Dean and Tewkesbury	0300 4216074
Stroud and Berkeley Vale	0300 4216073