

April 2022 wording amended 27/02/2024

STOMA PRODUCT FORMULARY

Purpose of the formulary

This formulary has been prepared to give healthcare professionals across Gloucestershire NHS a workable list of appliances and devices for the management of Stoma Care. This formulary is to be used as a guide when selecting or prescribing these products for patients that have a colostomy, ileostomy or a urostomy. This Formulary provides guidance to prescribers and is not intended to restrict patient choice.

Key principles of prescription issue:

- Always confirm with the patient what they already have in stock and what they actually need wherever possible.
- Do not issue any post-dated prescriptions.
- Do not issue or add new stoma items to a patient's repeat prescription (including care home patients) unless they have been initiated and approved by an NHS employed stoma nurse and there is written evidence/a clinic letter in the patients' notes with a written rationale for prescribing.
- Do not re-issue any missing prescriptions that have already been supplied to a dispensing appliance contractor (DAC) without investigating.
- Do not issue prescriptions >14 days before they are needed, except if the patient/carer states they need their prescription early for a valid reason (e.g. to cover a holiday) or the patient has been classed as a vulnerable patient.
- Do not issue higher quantities than those recommended in these guidelines, except on the documented advice of an NHS employed stoma nurse.
- If you are concerned about early prescription requests or high quantities being ordered, query the prescription request. Frequent requests for high quantities may indicate that the patient has a leakage problem and needs to be reviewed by a stoma nurse.
- For patients receiving appliance products *routinely* (i.e., those who are initiated and stabilised already), retrospective prescriptions for items supplied before prescription receipt, should not usually be issued to a DAC, except for emergency supply situations where the DAC, or NHS employed stoma nurse has contacted your practice directly, explained the reasons why, and authorisation has been granted by a prescriber at your practice in advance (i.e. the DAC should respond to prescriptions received, and not the 'prescription responding to the DAC'). DACs are contractually required to supply appliances following receipt of a valid prescription or reacting to an emergency request with a prescriber. It is at your discretion whether you wish to issue a retrospective prescription for these items and you are not legally or contractually obliged to do so (if no prior agreement has been made).

- One exception to this is when a DAC is requested by the specialist team to dispatch the order **for new patients** upon hospital discharge, prior to receiving a prescription for the stock. In these situations the stock supplied will supplement the 'hospital issued discharge stock' allowing time for a convenient patient follow up visit to occur. This is to allow a smooth discharge and to reduce patient 'supply anxiety' if there are delays in the discharge communication and initial repeat item setup at the practice. Once a patient is 'stabilised', the routine approach described above applies.
- Note: These guidelines highlight and recommend effective, high quality, cost-effective stoma products available to prescribe. Prescribers should note that from time to time stoma nurses may recommend alternative products; based on the clinical need of a patient and following a thorough assessment.

When to Refer to a Stoma Nurse

It is recommended that all patients with a stoma have their care reviewed at least every 12 months, but they should be referred sooner if there are problems:

- If a patient/DAC is ordering more than the normal maximum usage per month or prescription requests suddenly increase
- A patient is currently prescribed a non-formulary accessory where a stoma nurse has NOT previously approved the item for use
- A patient is experiencing leakage or sore skin
- A patient who is very distressed or is having difficulty managing their stoma. Patients should be encouraged to telephone the stoma nurses themselves first to avoid a delay in receiving the appropriate support, using the contact numbers below.

Gloucester Stoma Nurse Team	0300 422 6702
Cheltenham Stoma Team	0300 422 4363

FORMULARY RECOMMENDED OSTOMY PRODUCTS

Below outlines the normal maximum usage. Requests for higher prescribing quantities should always be queried.

ADHESIVE REMOVER SPRAYS/WIPES

Use each time stoma bag is changed. Wipes may be more useful for patients with reduced dexterity. Don't prescribe both – it's one or the other not both.

ADHESIVE REMOVER SPRAYS:

Normal usage= Closed/ Non-drainable/ Urostomy: One 50mls spray per 15 pouches.

Manufacturer	Product Code no.	Pack size	Cost
Dansac easy spray	083-01	50ml per 15 pouches	£6.84
SALTS adhesive remover spray	WAP	50ml per 15 pouches	£6.81
OstoMart REMOVE No Sting Medical Adhesive Remover Spray Apple/ Blackberry	OPA50 OPB50	50ml per 15 pouches	£6.80
Coloplast Brava adhesive remover spray	12012	75ml per 30 pouches	£10.05

ADHESIVE REMOVER WIPES: Colostomy/ Ileostomy/Urostomy: One wipe per pouch.

Manufacturer	Product Code no.	Pack size	Cost
Salts remover wipes	WAP2	30	£8.89
Brava adhesive remover wipe	12011	30	£15.64
Opus lift plus adhesive remover wipes	5502	30	£15.46

BARRIER SPRAYS/WIPES

Should only be used if the skin around the stoma is sore when a bag is changed - no need to use these all the time. Unless specified by Stoma Nurses. Sprays are more cost-effective than wipes and should be considered first-line. Do not prescribe both – it's one or the other.

BARRIER SPRAYS: Closed/ non-drainable/Drainable/ Urostomy: one 50ml cost per 30 pouches

Manufacturer	Product Code no.	Pack size	Cost
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Opus Healthcare skin safe non sting protective film spray	6601	50ml	£8.49
Trio Elisse skin barrier spray	TR204	50ml	£9.98
Brava barrier spray	12020	50ml	£12.25

BARRIER WIPES: Closed/Drainable/ Urostomy: One wipe per pouch change.

Manufacturer	Product Code no.	Pack size	Cost
Salts Barrier film wipe	PPS1	30	£16.57
Trio Health care , Ellise sting free barrier wipe	TR203	30	£19.98
Brava skin barrier wipe	12021	30	£23.26
Alternative to barrier wipe			
Brava Cleansing wipes	12080	3 x15	£16.43
Only to be used on complex patients			
Independence fusion sticks	BW3	5	£5.06

FLANGE EXTENDERS, STRIPS, SECURITY FRAMES AND TAPES

Irregular or sudden increase in prescription requests should trigger further investigation as to why.
Normal usage: 1-3 boxes a month.

Manufacturer	Product Code no.	Pack size	Price
Coloplast elastic tape	12070	20 = two needed per pouch	£13.60
Coloplast belt elastic tape	12072	20 = two needed per pouch	£13.75
Dansac xtra strips	075-30	30 =three needed per pouch	£19.42
Pelican Contour Flange Extender	130860	30 = two needed per pouch	£20.71
Salts Flange Extender with Aloe	SPHA2	30 = three need per pouch	£13.86

SHIELDS

There is a limited need for these products. Used to protect the stoma when playing sport, working or to support stoma prolapse - often palliative (requires Stoma Nurse assessment). Normal usage: 1-2 a year.

POWDERS

These should only be used if the skin around the stoma is wet, sore, raw or broken. There is no need to use these all the time. Not for prophylactic use. Short-term use and acute prescription only. If used for >3 months, refer to stoma nurse for review. Normal usage: 1 bottle on alternate months.

Manufacturer	Product code no.	Pack size	Price
Convatec Orahesive powder	S106	25g	£2.50
Coloplast powder	1970	25g	£2.50
Respond health care, Renew protective powder with aloe vera	ABP2	50g	£5.01

PROTECTIVE RINGS, SEALS AND WASHERS

These have different sizes, thicknesses and properties due to variations in fluid absorbency requirement. Stoma nurses may use their professional discretion to recommend other types that are not listed below in special circumstances for specific patients. Normal usage: Only 1 per bag required.

Manufacturer	Product code no.	Pack size	price
Hollister Adapt Barrier Rings	7815	10	£18.46
	7805	10	£18.54
Adapt Barrier Rings 98mm	7806	10	£23.37
Pelican Eakin Cohesive StomaWrap	839006	10	£19.56
Pelican Cohesive Slims Small 48mm	Pelican Cohesive Slims Small 48mm	30	£59.56
Salts aloe rings	SAR25	30	£37.05
	SAR32	30	£37.05
	SAR38	30	£37.05
	SAR45	30	£37.05
Coloplast Brava protective seals			
18-48mm/2.5mm	12035	30	£59.49
27-57mm/ 2.5mm	12037	30	£61.65
34-64mm/2.5mm	12039	30	£62.88
18-57mm/2.5mm	12036	30	£62.17
18-64mm/2.5mm	12038	30	£63.38

SKIN PASTES

Normal usage: 1-2 tubes a month.

Manufacturer	Product code no.	Size	Price
Convatec Orabase protective Paste FOR WOUND BED ONLY	S103	30g	£2.20
Brava adhesive paste	12050	60g	£6.63

Salts no sting adhesive paste	NSP1	60g	£7.34
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IRRIGATION KITS

Normal usage: 1 kit a year, kit is initially supplied by the Stoma Team & replacement items prescribed as needed. (Patients must be assessed as suitable & then taught technique by a Stoma Nurse).

Manufacturer	Product	Code no.	Price	Normal usage
Coloplast	colotip	1110	£7.94	2 per year
	Irrigator bag	1511	£15.03	1 per year
	Assura irrigation supporting plate	12820	£37.03	Pack of 5, 2 per year
	Assura irrigation sleeve	12834	£40.99	Pack of 30 per month
	Assura irrigation sleeve	12836	£40.99	Pack of 30 per month

STOMA POUCHES

No preferred brand – these are patient specific and should be decided by a stoma nurse. Type Normal usage Colostomy (Non-drainable) bags 30-90 bags a month (1-3 bags per day) Ileostomy (Drainable) bags 15-20 bags a month (1 bag every 1-2 days) Urostomy (Drainable) bags 15-20 bags a month (1 bag every 1-2 days) Urostomy night drainage bags Change weekly = 4 bags a month (1 box of 10 every 2-3 months).

BELTS, WAISTBANDS AND ABDOMINAL TUBES

To support stoma bag or use with irrigation. Acute prescription only. No preferred brand – these are patient specific and should be initiated and sized by a stoma nurse. Normal usage: 3 a year, but when first initiated only prescribe 1 at a time to allow patient to trial. Not to be confused with Hernia belts.

DRAINABLE BAG FASTENERS (CLIPS/TIES)

Patients may benefit from a stoma nurse review because newer bags have integral fastenings. No preferred brand – these are pouch brand specific and usually supplied together with the pouches. Normal usage: Clips: 2 a month (reusable). Soft ties: 1 per bag.(Both can be prescribed separately).

FLANGES ('BASEPLATES')

No preferred brand – these are pouch specific. Note: flanges are changed every 2-3 days, so you should expect to prescribe a smaller number of flanges per month than bags. Normal usage: 10-15 flanges a month (change every 2-3 days).

HERNIA SUPPORT BELTS/GIRDLES

Only to be prescribed if patient has developed a parastomal hernia or is undertaking heavy manual work/strenuous activity and at risk of developing hernia. Can only be prescribed if measured/ recommended by a stoma nurse. Acute prescription only. No preferred brand – these are patient specific and should be decided by a stoma nurse. Normal usage: 1 only until proven effective, then 3 a year. Not to be confused with pouch belt.

STOMA CAPS

No preferred brand – these are patient specific and should be decided by a stoma nurse. Normal usage: 30 a month (changed every 1-5 days).

Non-formulary ostomy products that should NOT be routinely prescribed except on the recommendation of a Stoma Nurse

Below outlines the normal maximum usage. Requests for higher prescribing quantities should always be queried.

Adhesive sprays/ solutions Newer-style stoma bags are available. Patients requesting these items would benefit from a review with a stoma nurse. Adhesives can build up on the skin and can stop a bag from sticking. Reasonable usage: 1 pack a month

Collars Helps to provide a leak-proof barrier around the base of the stoma to prevent output from coming into contact with the skin. Only to be used for the period advised by a stoma nurse. Reasonable usage: Colostomy: 30-90 a month. Ileostomy: 15-30 a month. Urostomy: 15-30 a month.

Discharge solidifying agents Not usually needed – should only be prescribed on the recommendation of a stoma nurse. Reasonable usage: 1-2 packs a month if necessary.

Filters Newer-style ostomy bags have built-in filters. Patients currently prescribed filters should be reviewed by the stoma nurse. Reasonable usage: 1 pack a month

Stoma Barrier Creams Not usually recommended as they reduce adhesion of bags/flanges. Reasonable usage: 1 Tube or pack a month.

Manufacturer	Product code	Pack size	price
Coloplast. Brava barrier cream	12000	60mls	£5.19
Opus health care. Lavera barrier cream	3301	100mls	£10.74

Lubricating gels Not required - a few drops of baby oil or olive/ corn oil can be used instead.

Unless specified by stoma nurses.

Manufacturer	Product code	Pack size	price
Coloplast.	12061	240mls	£8.81

Brava Lubricating deodorant Lube			
Hollister.Adapt Lubricating deodorant Lube	78500	236mls	£9.84

Ostomy products that should NEVER be prescribed

- ✚ **Bridges** - Not to be used as products with different filtering/ blocking options available.
- ✚ Cotton bag/pouch covers Patients should be advised to purchase their own. The majority of bags already come with a fabric cover anyway and have an opaque option.
- ✚ **Deodorants** - Should not be required or prescribed. If a bag is correctly fitted no odour should be apparent except when the bag is emptied or changed. If odour is apparent at other times, refer patient for stoma nurse review. Household air fresheners are sufficient and should be purchased at a supermarket.
- ✚ **Underwear** - These are not for hernia support - these are underwear for ostomates. Patients should be advised that they can purchase their own from the manufacturer or other retail outlet. Includes: Briefs, Shorties Boxers, Shorts Pantie Girdles, Trunks, Pants, Vests.

References:

Association of Stoma Care Nurses. National Guidelines (2016).

<https://www.sath.nhs.uk/wp-content/uploads/2017/11/Stoma-Care-Guidelines.pdf>

<https://bnf.nice.org.uk/treatment-summary/stoma-care.html>

<https://www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff>

Any comments or questions on the content of this Stoma Product Formulary should be emailed to, Gloucestershire CCG/ICB Specialist Appliance Nurse, Louise Holliday at: l.holliday@nhs.net

