

**If you take more Zomorph capsules than you should**

Contact your doctor or nearest casualty immediately if you, or someone you know, have taken too many capsules

**If you forget to take Zomorph capsules**

If you remember within 4 hours of missing your dose, take a capsule straight away. Take your next dose at the normal time. If you are more than 4 hours late taking your dose, please call your doctor for advice. Do not take a double dose to make up for the one forgotten.

**If you stop taking Zomorph capsules**

Do not stop treatment with Zomorph capsules unless agreed with your doctor. If you want to stop the treatment with Zomorph capsules, ask your doctor how to slowly decrease the doses so you avoid abstinence symptoms.

**If you have any further questions on the use of this product, ask your doctor or pharmacist**



**Patient Information for your Zomorph® (morphine) capsules**

Your doctor has prescribed a product called Zomorph capsules for you, to help treat your pain.

Zomorph contains morphine in a long acting form.

This leaflet is only for patients who have been prescribed Zomorph.

**Please read the patient information leaflet that you will find in the Zomorph box**

**Can cause addiction. Contains opioid**

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk>

By reporting side effects you can help provide more information on the safety of this medicine.

## Colour code chart



Yellow/Clear  
**10mg**



Pink/Clear  
**30mg**



Orange/Clear  
**60mg**



White/Clear  
**100mg**



Clear/Clear  
**200mg**



Capsules shown are not to scale

## What are Zomorph capsules?

Zomorph capsules belong to a group of medicines called opioid analgesics or 'painkillers'. They contain the active ingredient morphine sulfate in a special slow-release form which gives relief from severe pain over a period of 12 hours.

**Always take Zomorph capsules exactly as your doctor has told you; check with him/her if you are not sure.**

## Zomorph capsules should be swallowed whole with a glass of water



### If you have difficulty swallowing capsules:

The entire capsule contents can be sprinkled onto a spoonful of semi-solid food (such as plain yoghurt) and swallowed.

To open the capsule, hold upright to contain the granules at the bottom then gently squeeze the top and twist to remove, taking care not to spill the contents.

Do not chew or crush the granules. This can be dangerous, causing serious problems such as an overdose, which may be fatal.