

Gynaecological Cancer Services in Gloucestershire

Introduction

This leaflet has been written so that you will have the names and contact details for the Gynaecological Cancer Care team. We have also included some other resources that you might find useful.

The Gynaecology Cancer Care Team

The team include the following members. During your treatment, you will meet some or all of them. At each stage of your care, a Key Worker will be identified for you as your first contact.

For bleep numbers, please Tel: 0300 422 222. When prompted ask for the operator then for the relevant bleep number.

Contact details			
Consultant Surgeons	Mr R Gornall	0300 422 4464	
	Miss K Hillaby	0300 422 4464	
	Mr P Rolland	0300 422 2941	
	Mr J Raut	0300 422 4331	
Consultant Oncologists	Dr A Cook	0300 422 2392	
	Dr N Reed	0300 422 4925	
	Dr N Reeve	0300 422 4019	

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Department

Gynaecology

Review due

January 2027



Contact details cont.					
Clinical Nurse Specialists	Mrs Lisa Peck	0300 422 3181			
	Miss Jessica	0300 422			
	Cook	4047/6669			
	Mrs Rachel Lowings	0300 422 3181			
	Mrs Becky Brennan	0300 422 4047			
	Mrs Nicky Plant (Worcestershire)	01905 733 257			
	Mrs Karen Gow (Hereford)	01432 364 107			
Gynaecological Cancer Support Worker	Mrs Sadie Ellacott	07776 660 679			
Gynaecological Surgical Care Practitioners	Mrs Ann Stephens	0300 422 2366			
Macmillan Lymphoedema Clinical Nurse Specialists 0300 422 8750					
Palliative Care Nurse Team at Cheltenham General Hospital		0300 422 3447			
Wards					
Other	Clinical Trials Office	0300 422 3445			



Gynaecological Cancer Nurse Specialist Key Worker

My name is	_ and I am the
Gynaecological Cancer Nurse Specialist. I v	vork throughou
Gloucestershire Hospitals NHS Foundation	Trust.

As a Clinical Nurse Specialist, I meet ladies who are having investigations into a gynaecological problem that may be caused by cancer. I also meet ladies who have been told that they do have a gynaecological cancer and those returning to hospital while they undergo or recover from treatment for gynaecological cancer.

My aim is to try and reduce the stress and anxiety that you and your family may be feeling.

I am able to:

- explain investigations or tests you are having and support you through them
- chase up appointments for tests and their result
- explain any information you have been given which you do not understand
- discuss gynaecological cancer and its treatment options
- support you through any treatment you may need
- help control any symptoms you may be experiencing
- give advice on sexual or relationship issues
- contact your GP or Community Nurse to make sure they are aware of what is happening to you
- answer any questions you may have
- provide or access financial advice for you
- provide booklets and written information which explain about your condition

I work with the gynaecology teams based at all hospital sites within Gloucestershire.

I hope you will feel able to contact me and discuss ways in which I may be able to help. My role is to support you therefore no question or worry is too small.

I can be contacted Monday to Friday, 8:30 am to 4:30 pm. My contact details are on page 2 of this leaflet.



Clinical trials

Gloucestershire Hospitals NHS Foundation Trust is taking part in clinical research. Research plays an important role in many ways, including the development of new treatments and deciding how treatments should be given for current and future patients. During the consultation with your doctor, the possibility of you voluntarily taking part in clinical research may be discussed with you. If appropriate, research is available within the Trust; your doctor may discuss this with you and refer you to the research team. The team will contact you with further information. Similarly, if you are aware of any research which is being conducted, please mention this at your consultation.

Mrs Sarah Beazer is a Senior Clinical Trials Nurse

Tel: 0300 422 3445

Gynaecological Cancer Services at Cheltenham General Hospital

We provide a specialist gynaecological cancer service to patients from Gloucestershire, Herefordshire and South Worcestershire. To make sure that you receive the best and most caring treatment available you will be cared for by a team of doctors and nurses who have expertise in gynaecological cancer. This multi-disciplinary team, based at Cheltenham General Hospital, will liaise with your local doctors and specialist in planning the most appropriate treatment for you.

Palliative Care Team (based at Cheltenham General Hospital)

Tel: 0300 422 3447

Monday to Friday, 9:00 am to 5:00 pm

Oncology Centre Reception

Tel: 0300 422 4028

Monday to Friday, 8:00 am to 5:00 pm

Chemotherapy 24-hour Helpline

Tel: 0300 422 3444

Chemotherapy Appointments

Tel: 0300 422 3366



Gynaecological Cancer Services at Gloucestershire Royal Hospital

This team, helped by other doctors, nurses and healthcare staff, will care for you while you are in hospital and after discharge. If there is anything you do not understand or you have any questions please contact:

Matron Becky Hutchinson

Gynaecology and Fertility Services

Tel: 0300 422 6696

Out-patients clinics take place at the Gynaecological Outpatient Department in the Women's Centre, Gloucestershire Royal Hospital.

Tel: 0300 422 6246

If no one is available to take your call please leave a message

on the answerphone.

Support and information services

The FOCUS Cancer Information and Support Centre is based at Cheltenham General Hospital in the Oncology Centre.

Opening times: Monday to Friday, 8:30 am to 4:30 pm

Tel: 0300 422 4414

Maggie's Centre is situated on College Baths Road next door to the old College Baths, behind the Fire Station in Cheltenham. The centre provides information, benefits advice, psychological support (both individually and in groups), courses and stress reducing strategies.

Website: www.maggiescentres

Tel: 01242 250 611

Centre manager: Nicola Peregrine

Email: nicola.peregrine@maggiescentres.org

Opening times: Monday to Friday, 9:00 am to 5:00 pm



Macmillan Hub

The hub is situated in the atrium at Gloucestershire Royal Hospital. This service provides information, support and benefits advice.

Tel: 0300 422 8880

Centre Manager: Helen Hicks

Email: ghn-tr.macmillanhub@nhs.net

Opening times: Monday to Friday, 9:00 am to 4:00 pm

Charlie's Support and Therapy Centre is situated in Venture Business Centre, Gloucester. The centre offers friendship, support, holistic therapies, activities and events to help you live well with cancer.

Website: www.charlies.org.uk

Charlies Founder: Joanne Sutherland Email: charlies2014@yahoo.co.uk

Opening times: Monday to Friday, see timetable on website.

General support and information services

Macmillan Cancer Support

Information and emotional support for people living with cancer.

Tel: 0808 808 00 00

Email: cancerline@macmillan.org.uk Website: www.macmillan.org.uk

Ovacome

A national support group for all those concerned with ovarian cancer.

PO Box 6294

London W1A 7WJ

Tel: 0800 008 7054

Opening times: Monday to Friday, 9:00 am to 4:00 pm

Email: support@ovacome.org.uk
Website: www.ovacome.org.uk



Ovarian Cancer Action

8 – 12 Camden High Street

London NW1 0JH

Tel: 0207 380 1730

Website: www.ovarian.org.uk Email: info@ovarian.org.uk

Target Ovarian Cancer

2 Angel Gate

London EC1V 2PT

General enquiries; 020 7923 5470

Support line: 02079235475

Email: info@targetovarian.org.uk Website: www.targetovarian.org.uk

Jo's Cervical Cancer Trust

A charity dedicated to women with cervical cancer.

CAN Mezzanine

7-14 Great Dover Street

London SE1 4YR

Helpline Tel: 0808 802 8000 Email: <u>info@jostrust.org.uk</u> Website: www.jostrust.co.uk

The Daisy Network

Premature menopause support group that offers advice, information and support for women throughout the UK.

The Daisy Network

PO Box 71432

London SW6 9HJ

Email: info@daisynetwork.org
Website: www.daisynetwork.org



Women's Health Concern

Information on menopause and HRT.
Spracklen House
East Wing
Dukes Place
Marlow
Buckinghamshire
SL7 2QH

Tel: 01628 890 199

Website: www.womens-health-concern.org/

VACO

Vulva Awareness Campaign Organisation.

Help, support and friendly advice

Email: vacouk@yahoo.com
Website: www.vaco.co.uk

The Multi-disciplinary Team



Dr Audrey Cook is a Consultant Clinical Oncologist who specialises in treating gynaecological cancers with radiotherapy or chemotherapy at Cheltenham General, Gloucestershire Royal and Hereford Hospitals. Secretary Tel: 0300 422 2392



Dr Nick Reed is a Consultant Clinical Oncologist who specialises in treating gynaecological cancers with radiotherapy or chemotherapy at Cheltenham General, Gloucestershire Royal and Worcester Hospitals.

Secretary Tel: 0300 422 4925



Dr Nina Reeve is a Consultant Clinical Oncologist who specialises in treating gynaecological cancers with radiotherapy or chemotherapy at Cheltenham General, Gloucestershire Royal and Hereford Hospitals. Secretary Tel: 0300 422 4019





Dr Emma Gilbert is an Oncologist who specialises in treating gynaecological cancers with chemotherapy at Cheltenham General, Gloucestershire Royal Hospitals. Secretary Tel: 0300 422 2392



Mr Robert Gornall is a Consultant Gynaecological Oncologist who specialises in gynaecological cancer at Cheltenham General, Gloucestershire Royal and Hereford Hospitals. Secretary Tel: 0300 422 4464



Miss Kathryn Hillaby is a Consultant Gynaecological Oncologist who specialises in gynaecological cancer at Cheltenham General, Gloucestershire Royal and Worcestershire Royal Hospitals.

Secretary Tel: 0300 422 4464



Mr Philip Rolland is a Consultant Gynaecological Oncologist who specialises in gynaecological cancer at both Cheltenham General and Gloucestershire Royal Hospitals. Secretary Tel: 0300 422 2941



Mr Jaydip Raut is a Consultant Gynaecologist (Cancer Exclusion and Oncology) and Lead Colposcopist at both Cheltenham General and Gloucestershire Royal Hospitals. Secretary Tel: 0300 422 4331

www.gloshospitals.nhs.uk

BEST CARE FOR EVERYONE





Mrs Lisa Peck is a Gynaecological Cancer Clinical Nurse Specialist who provides support and information to patients and their families and is based at Cheltenham General Hospital. She is your key worker and will co-ordinate your gynaecological care. Lisa will liaise with all other health professionals involved in your care and aims to make sure there is continuity for you.

Tel: 0300 422 3181

Email: ghn-tr.gynaecologycancernurses@nhs.net



Miss Jessica Cook is a MacMillan Gynaecological Cancer Clinical Nurse Specialist who provides support and information to patients and their families and works at both Cheltenham General Hospital and Gloucestershire Royal Hospital. She is your key worker and will co-ordinate your gynaecological care. Jessica will liaise with all other health professionals involved in your care and aims to make sure there is continuity for you.

Tel: 0300 422 4047

Email: ghn-tr.gynaecologycancernurses@nhs.net



Mrs Rachel Lowings is a Gynaecological Cancer Clinical Nurse Specialist who provides support and information to patients and their families and is based at Cheltenham General Hospital. She is your key worker and will coordinate your gynaecological care. Rachel will liaise with all other health professionals involved in your care and aims to make sure there is continuity for you.

Tel: 0300 422 3181

Email: ghn-tr.gynaecologycancernurses@nhs.net

www.gloshospitals.nhs.uk

BEST CARE FOR EVERYONE





Mrs Becky Brennan is a Gynaecological Cancer Clinical Nurse Specialist who provides support and information to patients and their families and works at both Cheltenham General Hospital and Gloucestershire Royal Hospital. She is your key worker and will co-ordinate your gynaecological care. Becky will liaise with all other health professionals involved in your care and aims to make sure there is continuity for you.

Tel: 0300 422 4047

Email: ghn-tr.gynaecologycancernurses@nhs.net



Mrs Sadie Ellacott is a Macmillan Gynaecological Cancer Support Worker who will assess and support your needs.

Mobile: 07776 660 679

Email: ghn-tr.gynaecologycancernurses@nhs.net



Mrs Ann Stephens is a Gynaecological Surgical Care Practitioner. She is part of the multidisciplinary team and you may come across her in Pre-admission clinic, in the operating theatre, on ward rounds and in the combined clinic.

Tel: 0300 422 2366

Email: ann.stephens1@nhs.net



Miss Georgina Lewis is a Gynaecological Surgical Care Practitioner. She acts as the link between the surgeons and the theatre team looking after the gynaecology patients needing surgery.

Email: georgina.lewis@nhs.net

www.gloshospitals.nhs.uk

BEST CARE FOR EVERYONE





Mrs Sinead Calvert

Sinead Calvert is the Gynaecological Oncology Specialist radiographer at GHNHSFT. She and her team provide support, care, information and treatment to patients requiring radiotherapy. She is based in the radiotherapy department at Cheltenham General Hospital.

Tel: 0300 422 4034

Work Mobile: 07816170703 Email: <u>sinead.calvert@nhs.net</u>

Notes:			
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Patient	
Information	

Notes:		

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Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

- 1. What are my options?
- 2. What are the pros and cons of each option for me?
- 3. How do I get support to help me make a decision that is right

urces have been adapted with kind permission from the MAGIC Programme, supported by the Health Foundation

* Ask 3 Questions is based on Shepherd HL, et al., Three questions that patients can ask to improve the quality of information physicians give about Patient Education and Counselling, 2011;84: 379.85







AQUA https://aqua.nhs.uk/resources/shared-decision-making-case-studies/