

Introducing Family Integrated Care (FICare) to the Neonatal Unit

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Aim

- To increase staff awareness and acceptance of Family Integrated Care in order to improve staff satisfaction
- To increase staff knowledge of FICare, including skills and tools required

What is Family Integrated Care?

The overarching goal of FICare is to support parents in becoming members of the NICU team in providing active care for their infant. To achieve this:

- Parents are invited to become collaborators in their infant's care
- Multidisciplinary teams enable families to be integrated into their infant's care
- Parents participating in rounds facilitates information sharing
- Parents are provided education and peer-to-peer support

Preliminary research suggests that infants admitted to the NICU and cared for under the FICare model grow faster and have less stress, spend fewer days in the NICU, and are less likely to be readmitted to hospital after discharge, compared to infants cared for primarily by staff.



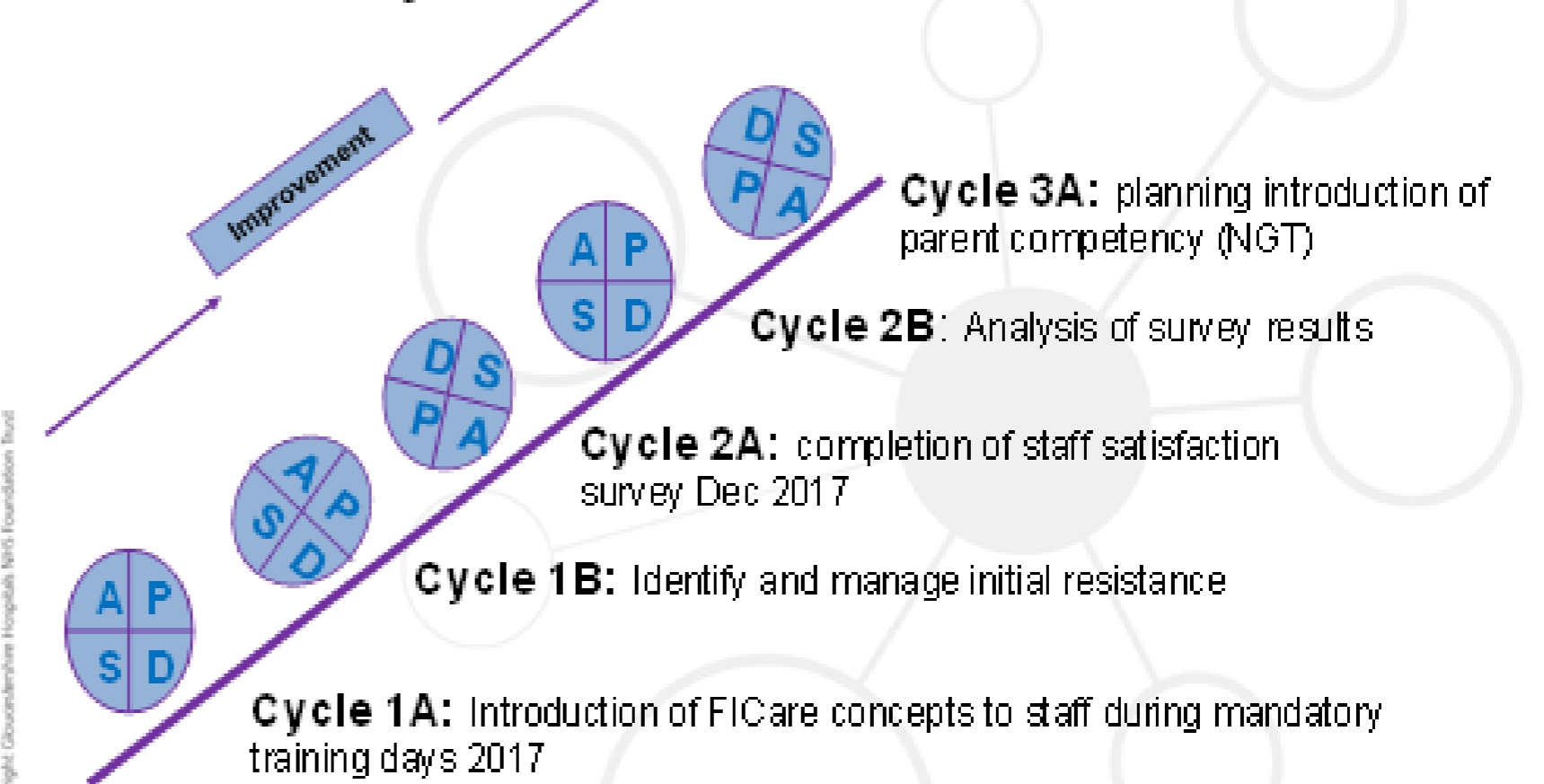
Why is this important?

- Improved parent and family experience
- Improved breastfeeding rates
- Decreased length of stay

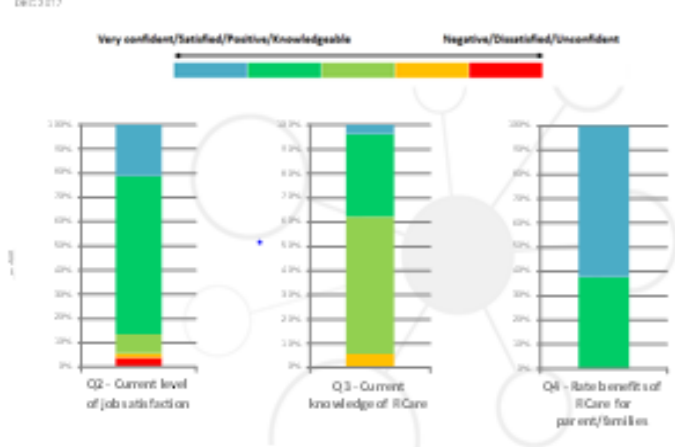


Aim	Primary Drivers	Secondary Drivers	Change Ideas
Introduce Family Integrated Care	1 Improve Parent & Family Experience	Enhance Parent Skills –	Review parent facilities & identify needs Prioritise needs – adapt environment, 7source additional funding
		Increased Parent Confidence 1+2+3+4	Develop parent education programme Ante-natal mums participating in programme Meals for parents
		Increased family/ parent time spent with baby 1+2+3	Free parking for parents
2 Improve Breast Feeding Rates	Network BFI		Involve infant feeding team & volunteers Share/ source ideas/ benchmark within network Compile audits Review & Share findings ? change practice Audit pre and 6 months post introduction 1,2,3+4 BFI training for key staff and cascade information Evaluate audit – restructure change/ practice
			Education programme
3 Decrease LOS	Earlier Engagement & plans with Social services 3+4		Review of parents' overnight accommodation close to baby incl.
		Earlier cessation of tube feeding	
4 Staff are aware of FICare	Increase staff satisfaction		Staff engagement in parent education programme Identify core group of staff for parent education programmes
		knowledge of FICare including skills and tools	Invite OT from Swansea to educate and motivate staff Attending training sessions internal + external Staff education programme and questionnaire Identify system to recruit to programme

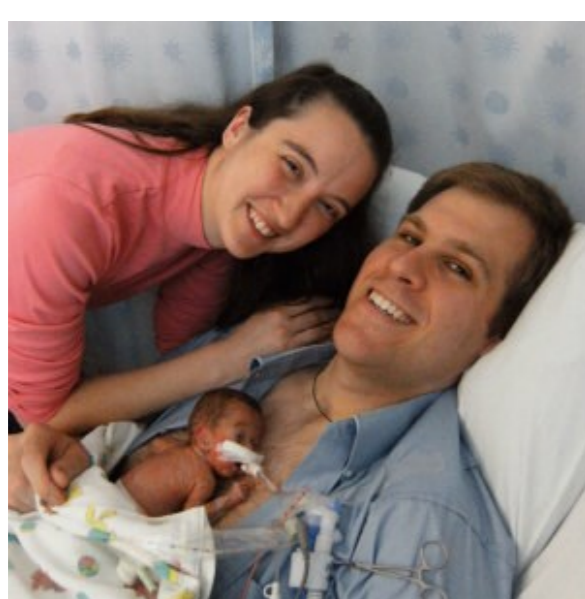
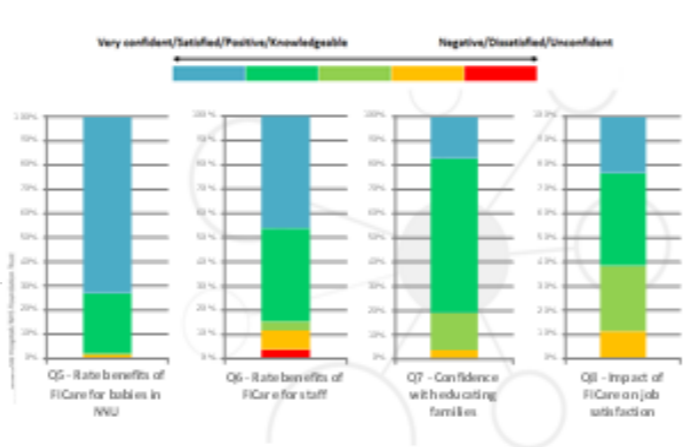
PDSA Cycles



Staff survey – Results



Continued...



Next Steps

- Start parent NGT competency training in a consistent manner with pilot group of staff and parents
- Ongoing micro-teaching of developmental care for staff, prior to roll-out to parents
- Breast feeding education sessions as part of BFI assessment process
- Link with other current QI projects on the neonatal unit
- Organise study day/ feedback session for staff