

Patient Information

Cancer Exclusion Clinic Gynaecological

Introduction

You have been referred by your GP to the Gynaecological Cancer Exclusion Clinic, also known as a 'Two Week Wait' or '2WW' Clinic. This leaflet will give you information about the clinic and answer some of the commonly asked questions.

Why have I been referred?

The suspected cancer referral system allows a patient with symptoms that may be caused by a cancer to be seen as quickly as possible. Your GP has made the referral because:

- Treatment already given has not worked
- Your symptoms need further investigation
- The investigation(s) already performed appear abnormal
- They would like to exclude cancer

Does this mean I have cancer?

It is important that you see a specialist as soon as possible to confirm or exclude a cancer diagnosis. Reassuringly, 95% patients that we see do not have cancer.

What should I do if I am unable to attend this appointment or wish to change the date?

It is in your best interest to attend this appointment so that cancer can be excluded or further investigations can be requested.

If you are unable to attend this appointment, please contact the booking office as soon as possible. The number is at the end of this leaflet.

Reference No. GHPI1472_10_22 Department Gynaecology Review due

October 2025



Patient Information

What will happen on the day of the appointment?

A physical examination of your abdomen and an internal pelvic examination will normally be recommended.

Depending on your symptoms, you may have tests performed on the day of your appointment.

Sometimes the specialist will take a blood sample for testing or a biopsy. A biopsy is when small amounts of tissue are taken from inside the womb, the cervix or vulva for further investigations. A womb or cervix biopsy can be painful for a short while. A vulval biopsy will require you to have a local anaesthetic to numb the skin. You may have some bleeding after a biopsy.

This clinic is for gynaecological cancer exclusion only. If you are found not to have a cancer or an emergency condition you may need to see your GP or be referred less urgently to another doctor.

Please ask any questions that you may have during your consultation.

We are happy for you to bring someone with you to the appointment.

How will I be informed about my results?

A specialist will send you a letter with the results of any tests and arrange further appointments if needed. This normally takes a few weeks.

What do I need to do now?

- Make sure that the hospital and your GP has your correct address and telephone number including your mobile
- Make a note of any questions that you have, as you will have the opportunity to ask these during your consultation

Patient



Contact information

Information

To rearrange your appointment please contact the:

Booking Office Tel: 0300 422 4506 Monday to Friday, 8:30am to 4:00pm

Gloucestershire Domestic Abuse Support Service (GDASS)

This is a county-wide service offering a variety of support programmes for women and men over 16 years old who are experiencing domestic abuse. Tel: 01452 726 570 Monday to Friday, 9:00am to 5:00pm

Domestic Violence Helpline

Tel: 0808 2000 247 (24 hours) Email: <u>support@gdass.org.uk</u> Website: <u>www.gdass.org.uk</u>

Content reviewed: October 2022

Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

- 1. What are my options?
- 2. What are the pros and cons of each option for me?
- 3. How do I get support to help me make a decision that is right for me?

These resources have been adapted with kind pernikulan from the MAGIC Programme, supported by the Health Foundation * Aki 3 Questions is based on Shepherd HL et al. Three questions that patients can aik to improve the quality of information physicians give about treatment options: A cross-over that,
Patient Statuscion and Courseling 2011;85: 378-6

AQUA A https://aqua.nhs.uk/resources/shared-decision-making-case-studies/