

Martha's Rule: Detecting Deterioration

**Worried your child's health
is getting worse? Talk to us.**

You know your child better than anyone. You may notice small changes before they show up in our routine measurements. Telling us about these changes can help us detect deterioration early, so we can take action to prevent more serious health problems.

Tell us when a change worries you

- If you notice changes which could suggest your child's health condition is getting worse, please tell any of the staff looking after them.
- If, after speaking to the care team, you remain worried and feel your concerns are not being addressed, call for a rapid review.

Phone: