

**Patient
Information**

Retina (Eye) Imaging Appointment

About this appointment

We have invited you to have an eye test at the location mentioned in your appointment letter. You have been referred for a retina check by your doctor, optician or Diabetic Eye Screening Programme, or because you have a retinal condition which is being monitored.

At the Eye Clinic, you will have photographs and scans taken of your eyes, which will be reviewed virtually by an eye care professional after your appointment. You will not see a doctor during this appointment.

During your appointment

Your appointment will take one to two hours, and you can expect the following:



An ophthalmic technician or nurse will test your distance vision. They will do this by asking you to read a series of letters wearing your usual spectacles or lenses, if you wear them.



They may check your eye pressure.



They may ask you questions about previous eye conditions, your family history, your medical history, your current medications and any allergies you may have. Bring a list of your current medications with you.



They will widen (dilate) your pupils using eye drops. This may sting and will make your vision blurred for four to six hours.



They will take a series of photographs and scans of your retina.



You will not be able to drive after your appointment so please take this into account when planning your visit.

Reference No.

GHPI1916_07_25

Department

Ophthalmology

Review due

July 2028

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After your appointment

After your visit, a retinal specialist will analyse your tests and clinical information.

They will send a report to you and to your GP regarding the outcome of your appointment. They will do this within the following few weeks.

If your tests indicate you require a further appointment in the Virtual Clinic or face-to-face, this will be arranged for you.

You may receive a telephone call following your appointment if there are changes which require further discussion.

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Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

These resources have been adapted with kind permission from the MADC programme, supported by the Health Foundation.

* Ask 3 Questions is based on Shephard HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options. A cross-over trial. Patient Education and Counselling, 2011;84: 379-83.

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<https://aqua.nhs.uk/resources/shared-decision-making-case-studies/>