



**Gloucestershire Hospitals**  
NHS Foundation Trust

# **Neurology Specialist Practitioner Service**



# Introduction

Our Neurology Specialist Practitioner Service provides expert support and care for people living with neurological conditions. We work closely with patients, families and caregivers to help manage symptoms, improve quality of life and offer guidance in line with national guidelines.

## Meet Our Team

Our team includes neurology specialist practitioners working closely with consultant neurologists and multidisciplinary colleagues.

For more information about our Neurology Specialist Practitioner Service, please contact us. We are here to support you and your family every step of the way.



# Contact information

## Appointment queries

Tel: 0300 422 4500

Monday to Thursday 08:30am to 4.30pm, Fridays

08:00am to 4:00pm

## Epilepsy

We support patients with epilepsy by offering advice and support to self-manage their epilepsy and make informed choices about:

- Medication management
- Seizure control
- Safety and first aid
- Cognition
- Reproductive health and pregnancy

Our aim is to help reduce seizures, improve wellbeing, and provide guidance for both patients and caregivers. We follow National Institute for Health and Care Excellence (NICE) guidance to ensure best care practices are in place.

We run clinics at Gloucester and Cheltenham hospitals and offer remote appointments.

## **Contact information**

### **Epilepsy Nurses**

Tel: 0300 422 6403

Email: [ghn-tr.glosepilepsynurses@nhs.net](mailto:ghn-tr.glosepilepsynurses@nhs.net)

## **UK Support Charities**

### **Epilepsy Society**

Website: <https://epilepsysociety.org.uk>

### **Epilepsy Action**

Website: <https://www.epilepsy.org.uk>

### **SUDEP (Sudden Unexpected Death in Epilepsy) Action**

Website: <https://sudep.org>

## **Parkinson's Disease**

Our team supports people living with Parkinson's by helping with medication routines, mobility and daily living challenges. We work with you to manage symptoms such as tremors, stiffness and changes in movement. We use NICE recommendations to guide care and support. You can expect a consultation with a specialist practitioner or Neurology or Care of the Elderly Consultant at least once a year. We run clinics in most community hospitals throughout the county and home visits for those who are housebound.

# Contact information

## Parkinson Team

Tel: 0300 4226610

Email: [ghn-tr.parkinsonsteam@nhs.net](mailto:ghn-tr.parkinsonsteam@nhs.net)

Monday to Friday 08.00am to 4.00pm

## UK Support Charity

### Parkinson's UK

Website: <https://www.parkinsons.org.uk>

## Multiple Sclerosis (MS)

We help patients access the right treatments and support services. We provide support for people with MS, including;

- Providing information about what MS is
- Reviewing MS symptoms and suggesting treatment options
- Referring to other services such as physiotherapists (PT), occupational therapists (OT), dietitians, psychological support, continence (bladder and bowel) nurses and speech and language therapists (SALT)
- Providing medications such as disease modifying therapies (DMTs)
- Family planning and pregnancy information

Our care follows current national guidance to ensure patients receive safe and effective treatment.

We run clinics in Gloucester and Cheltenham and home visits for people in Gloucestershire who are housebound. We also offer remote consultations by telephone.

We usually review your MS and associated treatments every 6 or 12 months, but this can be adapted to your needs.

## **Contact information**

### **MS Team**

Tel: 0300 422 6404

Email: [ghn-tr.msteamglos@nhs.net](mailto:ghn-tr.msteamglos@nhs.net)

Monday to Friday 08.00am to 4.00pm (excluding bank holidays) We aim to respond to you within 2 working days

## **UK Support Charities**

### **MS Society**

Website: <https://www.mssociety.org.uk>

### **MS Trust**

Website: <https://mstrust.org.uk/>

### **MS-UK**

Website: <https://ms-uk.org>

# **Motor Neurone Disease (MND)**

Our practitioners offer compassionate care for people with MND in Gloucestershire, focusing on nutrition, breathing support and maintaining quality of life. We also have close links with the palliative care team to help manage symptoms, promote comfort and ensure dignity throughout the course of the illness. We work closely with families and caregivers to plan ongoing care in line with NICE recommendations and signpost to local services where needed.

We review patients at home and clinics in Gloucestershire.

## **Contact information**

### **Gloucester MND Team**

Tel: 0300 422 6404

Email: [ghn-tr.glosmnd@nhs.net](mailto:ghn-tr.glosmnd@nhs.net)

Monday to Friday 08.00am to 4.00pm (excluding bank holidays) We aim to respond to you within 2 working days

## **UK Support Charities**

### **MND Association**

Website: <https://www.mndassociation.org>

### **MND Scotland**

Website: <https://www.mndscotland.org.uk>

## Our Values

Gloucestershire Hospitals NHS Foundation Trust is guided by three simple yet powerful values: Caring, Listening, and Excelling.

We show respect and compassion to all patients, actively listen to understand needs, and are committed to excellence through learning and continuous improvement. For further information on our values, you can visit the website below.

### **Gloucestershire Hospitals NHS Foundation Trust**

Website: <https://www.gloshospitals.nhs.uk/about-us/our-trust/values-and-behaviours/>

## Feedback

To help the Neurology department understand what is important to you and how we can improve our service, we would appreciate if you would take the time to complete a feedback survey.

All responses will be anonymous and any information provided will be used sensitively and stored securely.

To access the survey, please use the QR code below or type the 'case sensitive' link into your internet browser.



<https://bit.ly/4aUm085> (case sensitive)





## Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.

### Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



These resources have been adapted with kind permission from the MAGIC Programme, supported by the Health Foundation.

\*Ask 3 Questions is based on Shepherd HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counselling, 2011;84: 379-85



Registered Charity 1051606

Every donation you choose to give helps your local hospitals do more to care for you, everyone you love and our passionate NHS staff.  
If you would like to find out more, please contact:  
Charity Office **0300 422 3231** or visit [gloshospitals.nhs.uk/charity](https://gloshospitals.nhs.uk/charity)

GHP11949\_03\_26  
Department: Neurology  
Review due: March 2029  
[www.gloshospitals.nhs.uk](http://www.gloshospitals.nhs.uk)