

# **Antibacterial Suppression Treatment**

**For use before your cardiology  
procedure**

# Introduction

This leaflet gives you information on how to use the antibacterial treatment you have been given before your cardiology procedure.

As with any invasive procedure, there is always the risk of developing an infection. This treatment will help to reduce that risk. The treatment includes a nasal ointment and a body wash.

## How long do I use this treatment?

Your nurse will advise you on when and how often to use the nasal ointment and body wash before your procedure.

Your nurse will tick one of the boxes below so that you know how many days to use the treatment for before the procedure.

- 1 day
- 2 days
- 5 days (patient in nursing home)

## How to use the antibiotic nasal ointment

- Please make sure you wash your hands before and after applying the ointment.
- Apply a pea-sized amount of the Mupirocin (Bactroban<sup>®</sup>) nasal ointment onto finger and apply to the inside of both nostrils 3 times a day.

- Squeeze the nostrils gently to help absorb the ointment. You may be able to taste the ointment.

## **How to use the antiseptic body and hair wash**

- Remove any creams from the skin.
- Put a small amount of the antiseptic body wash Octenisan® onto wet skin using a clean cloth.
- Avoid areas of broken skin or wounds. Ensure area of pacemaker site is fully cleansed.
- Leave the body wash on your skin for 1 minute before rinsing off. This will allow time for the treatment to work.
- Do not apply creams or lotions on the day of procedure over the pacing area.

If you have been told to use the treatment for 5 days before the procedure, you are advised to wash your hair with the antiseptic wash twice within this period. The suggestion would be day 2 and day 4.

## **Contact information**

If you have any questions, please contact the Arrhythmia Nurse Specialists.

Tel: 0300 422 8420

Monday to Friday, 9:00am to 4:00pm

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## Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.

### Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



These resources have been adapted with kind permission from the MAGIC Programme, supported by the Health Foundation.

\*Ask 3 Questions is based on Shepherd HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counselling, 2011;84: 379-85



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