

**Patient
Information**

Head and Neck Macmillan Clinical Nurse Specialist

Introduction

This leaflet provides information on the role and contact details for the Head and Neck Macmillan Clinical Nurse Specialist.

You have been referred to the Macmillan Head and Neck Clinical Nurse Specialist (CNS) because your doctor suspects or has found that you have a cancer diagnosis. The CNS will act as your 'keyworker' and will be your main point of contact through your diagnosis and treatment. Your keyworker may change as you progress beyond the active phase of your treatment.

The role of the Clinical Nurse Specialist (CNS) is to provide support, education and information to those who may be affected by head and neck cancer and their families and friends.

Who does the Clinical Nurse Specialist work with?

The CNS works as part of the head and neck team with both the surgeons and oncologists and you will have access to the CNS throughout your treatment for head and neck cancer.

The CNS may liaise with all other members of the head and neck team who may be involved in your care such as the speech and language therapists or the dieticians.

The CNS may liaise with the health and social care workers in the community such as community nurses, GP's or social workers.

What does the Clinical Nurse Specialist do?

The CNS is an experienced nurse in head and neck cancer and works with patients in hospital.

Reference No.

GHPI0388_03_16

Department

**Head &
Neck/Oncology**

Review due

March 2019

Patient Information

The CNS attends most combined head and neck clinics and head and neck surgical clinics.

In addition, the CNS hold their own clinics in radiotherapy and in ENT outpatients and runs post treatment 'Living Well' courses. The CNS can be contacted by patients who have questions or concerns regarding their treatment or its side effects. The CNS may be able to help with such problems as:

- Physical effects of cancer and the treatment
- Emotional support needs
- Practical advice and guidance with issues such as returning to work, going on holiday, travel insurance, free prescriptions, where to obtain finance support etc. If the CNS thinks it appropriate they may, with your permission, seek advice or refer you to other professionals who may be able to give more suitable help.

Contact information

Head and Neck Macmillan Clinical Nurse Specialist

Tel: 03004 226 785

Monday to Friday, 9:00am to
4:00pm (excluding Bank Holidays)

Please leave a message on the answer phone.

Email: vicky.poole@glos.nhs.uk

Email: helen.brain@glos.nhs.uk

Tel: 0300 422 2222 (ask the operator to bleep 2267 or bleep 2571 when prompted)

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