



My Hospital Diary

This leaflet tells you about the use of this diary for patients, their friends and family

About the hospital diary

Thank you for using the diary. We hope you will find it helpful during your hospital stay. Our vision is that the diary will be used by you (our patient), your family, your visitors and our staff.

How should the diary be used?

Using the diary, you can record any informal news shared between yourself, family and friends during their visits to you.

This shared news may then give you comfort and reassurance when read again later either by you (our patient) or along with a member of staff. For example, your family can write in here about how things are at home so that you can be reassured that everything is being taken care of while you are in hospital.

Your visitors can also write in here about how they feel you are doing during your hospital stay.

Top Tips for using the diary

- The diary can be used at any time during your hospital stay and taken away with you on discharge.
- Please encourage family or visitors to write in the diary during their visit.
- If you wish, ward staff can also read this diary and record any informal news for you, such as if you have enjoyed any groups or activities while in our care.

Concerns?

If you have concerns about any of your care or treatment, please speak to the nurse in charge at the time, rather than record your concerns in the diary as this will ensure that your concern can be addressed and resolved, promptly and timely.

The diary aims to give you extra support whilst in hospital but please do speak with the nurse in charge if you wish to discuss anything further.

Contact

For any further information please speak to the nurse in charge of your ward, or book an appointment to meet with the ward Senior Sister or Charge Nurse.

Agreements for use of the diary

*I agree that the information in the diary may be shared with health and social care professionals.

Please do not use the diary for recording any confidential or medical information



