While the charities listed in this leaflet are well known on a local or national basis, the authors of the leaflet cannot confirm their current working practices at the time you may access support or information.

Content reviewed: July 2021





# Child bereavement in Gloucestershire Where to get advice and information



cheltenham and gloucester hospitals charity at the heart of our community Reg. Charity No. 1051606

Help provide extra care & equipment on the ward of your choice by sending a donation payable to 'Chelt & Glos Hospitals Charity' to the Charity Office, Cheltenham General Hospital, GL53 7AN

Tel: 0300 422 3231

www.gloshospitals.nhs.uk/charity

GHPI1381\_07\_21 Department: Paediatrics Review due: July 2024 www.gloshospitals.nhs.uk

# Introduction

We understand that this leaflet has been given to you at a very distressing time. The loss of a child is a life changing event and understandably you will experience a wide range of emotions. We hope that you will find useful information within this leaflet that meets your individual needs.

# **Local information**



# Gloucestershire Community Children's Nursing Team

Providing community (home) based nursing care and support to children and their families, including end of life care and bereavement support. Tel: 0300 421 8299 Website: www.ghc.nhs.uk/our-teams-and-services/childrens-community-nursing/

# **Gloucestershire Hospitals NHS Foundation Trust**

Providing immediate support following the death of a child in the Emergency Department, Neonatal Unit or Children's Unit. The Bereavement Service would be very happy to help arrange a meeting with you, to discuss any questions you may have about your child's care and death. This may include your child's Consultant Paediatrician or members of the nursing team.

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# Practical help and advice

## **Bereavement Benefits Service (DWP)**

Advice and guidance on financial support available to help with funeral costs.



Website:

www.gov.uk/browse/benefits/bereavement

## **Partnership for Children**

A charity which promotes the mental health and emotional wellbeing of children.



Tel: 020 8974 6004

Website: www.partnershipforchildren.org.uk/

#### **Citizens Advice**

Providing free, independent, confidential and impartial advice and support.



Website: www.citizensadvice.org.uk

# **Children's Funeral Charity**

Practical support, guidance and financial help for families in England and Wales who have to arrange a funeral for a baby or child aged 16 or under.



Tel: 01480 276 088

Website: www.childfuneralcharity.org.uk/

## **Compassionate Friends**

Supporting the bereaved and their families by those similarly bereaved.



Tel: 0345 123 2304

Website: www.tcf.org.uk

#### A Child of Mine

Offers support and information to anyone affected by the death of a child.



Tel: 07803 751 229 (9:00am to 5:00pm) Website: www.achildofmine.org.uk

# Survivors of Bereavement by Suicide

Providing a safe, confidential environment in which bereaved people can share their experiences and feelings, so giving and gaining support from each other.

Tel: 0300 111 5065 (9:00am to 9:00pm every day)

Website: www.uk-sobs.org.uk

## **Beautiful Inside & Out (Scio)**

Supporting bereaved parents and siblings of suicide victims.

Tel: 0798 432 8808

Website: www.facebook.com/beautifulinsideandoutscio

# Acorns Children's Hospice Worcester



Acorns provide specialist palliative care for life limited and life threatened babies,

children and young people and support for their families. This is provided to families previously referred to us. Skilled teams offer nursing care at end of life in the hospice, and families can choose to use a special bedroom where their child can be cared for after death. The team also offer therapeutic based pre and post bereavement support on a one to one basis or in groups, sibling support and practical support in planning the funeral.

Tel: 01905 767 676

Website: www.acorns.org.uk

# **Young Glos**

This is a countywide charity that supports young people (aged 11 to 25) who are facing challenges in their lives. The charity provides training and development, practical support and community involvement to young people across Gloucestershire.

Tel:01452 501 008

Website: www.youngglos.org.uk



#### **Gloucestershire Child Death Overview Panel (CDOP)**

Government legislation requires that the death of every child or young person should be reviewed by the local child death review panel (CDOP).

Information about your child and how they died is collected and reviewed to try and identify any factors which may improve the health and wellbeing of children and families in the future and is provided to the National Child Mortality Database (NCMD).

Further information on the local review is available in the Information for Parents, Families and Carers leaflet which you have been given along with this leaflet.

# **Bereavement Service – Gloucestershire Hospitals NHS Foundation Trust**

The Bereavement Service will be given details of the death and they will arrange for the Medical Certificate of Cause of Death (MCCD) to be completed by the doctor as soon as possible. In certain cases, the death will need to be discussed with the coroner. This may result in a delay in being able to register the death. Relatives will be advised to telephone the Bereavement Service at the hospital.

## **Gloucestershire Royal Hospital**

Tel: 0300 422 6742

Monday to Friday, 10:00am to 4:00pm

# **Cheltenham General Hospital**

Tel: 0300 422 4753

Monday to Friday, 10:00am to 4:00pm

#### **Lullaby Trust (formerly FSID)**

Provides specialist support for bereaved families and anyone after the sudden death of an infant



Tel: 0808 802 6868

Website: www.lullabytrust.org.uk

#### **Bliss**

Information, support and counselling for families with babies 'born too small, too soon, too sick'



Tel: 020 7378 1122

Website: www.bliss.org.uk

# **Counselling information**

#### **Cruse Bereavement Care**

Telephone, face-to-face and group support is delivered by trained



bereavement support volunteers all over the UK

Tel: 0808 808 1677

Website: www.cruse.org.uk

#### **SAMARITANS**

Available 24 hours a day providing emotional support for those in distress and despair.



Tel: 116 123

Website: www.samaritans.org

## **SAMM (Support After Murder and Manslaughter)**

SAMM provides a wide range of peer support services to people bereaved by murder and manslaughter. There is no time limit on becoming a member. Services are open to everyone regardless of how long ago they were bereaved.

Tel: 0121 451 1618

Website: www.samm.org.uk

# **Neonatal information**

Miscarriage Association
Offering information and support to help with miscarriage, ectopic or molar



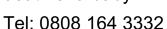
pregnancies.

Tel: 01924 200 799

Website: www.miscarriageassociation.org.uk

# Sands (Stillbirth and Neonatal Death Society)

Offering emotional support and information to anyone affected by the death of a baby.



Website: www.sands.org.uk



#### **Registration of Death**

To arrange an appointment please call or access online or contact the Bereavement Service who can assist you:

Tel: 01452 425 060

Website: www.gloucestershire.gov.uk/registration

The Registration Service will be able to explain how you will receive copies of the death certificate during your telephone appointment. Please allow up to 45 minutes for this appointment. If a death has been referred to the Coroner, the procedure will be different If the death has been reported to the Coroner you will be informed by the coroner's office when they have sent the necessary paperwork to the registration office so that you can make an appointment to register the death.

#### Coroner

If there is a coroner's investigation into the death of your child, the coroner's officer will contact you at the beginning of this process, and then support you throughout. You can get more information about the coroner's role in a separate leaflet, please request this from the hospital team involved.

# **National information**

#### Winston's Wish

Winston's Wish provides emotional and practical bereavement support to the charity for bereaved children, young people and those who care for them. Our expert teams offer one off and ongoing bereavement support and we also provide online resources, specialist publications and training for professionals.

Tel: 08088 020 021

Website: www.winstonswish.org

# Hope Again

Hope Again is the youth website of Cruse Bereavement Care. It is a safe place, where young people who are facing grief can share their stories with others. Here you will find advice about how to deal with your loss and a listening ear from other young people.

Tel: 0808 808 1677

Website: www.hopeagain.org.uk

#### **Child Bereavement UK**

Supporting families and educating professionals when a child dies and when a child is bereaved.



Website: www.childbereavementuk.org



#### **Child Death Helpline**

A freephone helpline offering support for anyone affected by the death of a child.

Tel: 0800 282 986 or

Website: www.childdeathhelpline.org.uk



# **CLIC Sargent**

Helping children and young people with cancer.

YOUNG LIVES vs CANCER CLIC SARGENT

Tel: 0300 330 0803

Website: www.clicsargent.org.uk

# **Together for Short Lives**

Supporting children with life-threatening and life-limiting conditions and all those who support, love and care for them. Information and advice for professionals, families and services.

Tel: 0808 8088100

Website: www.togetherforshortlives.org.uk

#### **Road Peace**

A charity for road crash victims, supporting those bereaved or injured, and working for road safety.



Tel: 0845 450 0355

Website: www.roadpeace.org