

**Patient
Information**

After having an endometrial biopsy and/or a hysteroscopy

Introduction

You have had an endometrial biopsy and/or a hysteroscopy performed. The results of the hysteroscopy have been discussed with you today. This leaflet will give you information about what to expect after having a hysteroscopy and when to expect the results from an endometrial biopsy.

Results

If you have had a biopsy (tiny piece of tissue) taken from the lining of your uterus (womb) called the endometrium or a polyp removed, then we will write to you with the results when it has been examined in the laboratory. We usually receive the results within 6 weeks. As well as the results of the biopsy the letter will inform you if a follow up appointment is needed. Your GP will also receive a copy of the results.

Risks and side effects

As part of the hysteroscopy, a water solution was used to allow us to see the uterine cavity (inside the womb).

It is normal to have a watery, blood-stained discharge for the next 24 hours followed by light bleeding for 2 to 3 weeks; this can sometimes go on for about 6 weeks. However, if the bleeding is heavy and you pass a lot of clots and have to change pads often, then we advise you to see your GP.

Due to the risk of infection, it is recommended that you use sanitary towels and not tampons while you are bleeding.

Once the bleeding has stopped you can resume sexual intercourse when you feel ready.

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Gynaecology

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Will I have any pain?

If you do experience any discomfort following the biopsy and hysteroscopy, simple pain relief such as paracetamol should help. Please follow the instructions inside the packet.

Daily activities

Most people are able to carry on with normal day to day activities following the procedure, with some returning to work the same day.

Contact information

If you need any further non-urgent advice, please ring the Hysteroscopy Advice Line.

Hysteroscopy Advice Line

Cheltenham General Hospital

Tel: 0300 422 2385 (answerphone)

Please listen to the message then leave your name, hospital number or date of birth and your contact details. A member of the team will call you back. Messages will be picked up during office hours, Monday to Friday.

If your concern is urgent, please contact your GP or NHS 111 for further advice.

NHS 111

Tel: 111

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