

Antibacterial suppression treatment

For use before your cardiology procedure

Introduction

This leaflet gives you information on how to use the antibacterial suppression treatment you have been given/prescribed before your cardiology procedure.

As with any invasive procedure, there is always the risk of developing an infection. This treatment will help to reduce that risk. The treatment includes a nasal ointment and a body lotion.

How long do I use this treatment?

Your nurse will advise you on when and how often to use the nasal ointment and body lotion before your procedure.

Your nurse will tick one of the boxes below so that you know how many days to use the treatment for.

- 1 day
- 2 days
- 5 days

How to use the nasal ointment

- Please make sure you wash your hands before and after applying the ointment
- Apply a pea-sized amount of the Mupirocin (Bactroban®) nasal ointment to the inside of your nostrils 3 times a day
- Squeeze the nostrils gently to help absorb the ointment. You may be able to taste the ointment

Reference No.

GHPI1183_11_22

Department

Cardiology

Review due

November 2025

**Patient
Information**

How to use the antiseptic body and hair wash

- Put a small amount of the antiseptic body wash Octenisan® onto wet skin using a clean cloth or wipe. Leave the body wash on your skin for 1 minute before rinsing off. This will allow time for the treatment to work.

If you have been told to use the treatment for 5 days before the procedure, you must wash your hair with the antiseptic twice within this period.

Contact information

If you have any questions, please contact the Arrhythmia Nurse Specialists.

Tel: 0300 422 8420

Monday to Friday, 9:00am to 4:00pm

Content reviewed: November 2022