

Patient
 Information

CT guided ablation aftercare

Introduction

This leaflet will give you information about aftercare following your CT ablation.

What to expect after your biopsy

You can eat and drink normally after your CT scan.

We recommend that you drink plenty of fluids for the following 2 to 3 days.

The results of the CT scan will be sent to the doctor who requested the test. The doctor will contact you to arrange a follow-up appointment.

If you experience any of the following it is important that you contact the Radiology Nurses, NHS 111 or the nearest Accident & Emergency Department:

What to look for	Possible complications	Frequency	Actions to take
Pain and bruising	Pain and bruising	Common	Take simple pain relief such as paracetamol to relieve any pain. This should go after a couple of days but if present longer please telephone the Radiology Nurses for advice.
Swelling and pain	Haematoma	Rare	Apply a cold compress such as an ice pack wrapped in a tea towel. Take simple pain relief such as paracetamol to relieve any pain. If the swelling or pain does not improve over the next few days telephone the Radiology Nurses.
General feeling of unwell	Slight raised temperature or fever	Common 1 -2 days post procedure	Take anti-biotics as prescribed and rest. If the symptoms persist or get worse contact your GP.

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Severe abdominal pain and bruising associated with weakness, nausea and/or vomiting	Bleeding - the area being ablated or an adjacent blood vessel may rarely bleed enough to need a further procedure.	Rare	This may require further intervention- This is usually a minimally invasive embolization of the bleeding vessel performed in radiology, very rarely surgical intervention is required.
Extreme Chest pain and shortness of breath	Pneumothorax – leaking of air into the chest wall	Rare	Go to the Emergency Department

Contact information

If you have any problems or questions, please contact the Radiology Nurses.

Radiology Nurses

Tel: 0300 422 6245

Monday to Friday, 8:00am to 6:00pm

Alternately you can you contact your GP or NHS 111.

NHS 111

Tel: 111

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