

**Patient
Information**

CT guided lung biopsy aftercare

Introduction

This leaflet gives you information about aftercare following your CT lung biopsy.

What to expect after your biopsy

You can eat and drink normally after your CT scan. We recommend that you drink plenty of fluids for the next 2 to 3 days.

If you were asked to stop taking your blood-thinning medication for the procedure, you can start taking them again the day after the CT lung biopsy.

The results of the CT scan will be sent to the doctor who requested the test. The doctor will contact you to arrange a follow-up appointment.

If you experience any of the possible complications listed on the next page, it is important that you follow the advice given in the 'Actions to take column'.

Reference No.

GHPI1512_02_24

Department

Radiology

Review due

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Possible complications

What to look for	Possible complications	Frequency	Actions to take
Bruising		Common	Simple pain relief
Swelling and pain around the site of the biopsy	Haematoma	Rare	Apply a cold compress such as an ice pack wrapped in a tea towel. Take simple pain relief such as paracetamol to relieve any pain. If the swelling or pain does not improve over the next few days telephone the Radiology Nurses.
Breathlessness or severe chest pain	Pneumothorax (leakage of air around lung)	Infrequent	Attend the nearest Emergency Department straight away
Swelling over the biopsy site with redness, fever or chills	Infection of the biopsy site	Rare	During working hours, telephone the Radiology Nurses for advice. Out of hours call NHS 111. Do not ignore this symptom
Coughing up a small amount of blood	Blood in your spittle or mucous	Uncommon	This should settle over 2 to 3 days.

If you experience any other symptoms, please contact your GP for advice.

Contact information

If you have any questions, please contact the Radiology Nurses.

Radiology Nurses

Tel: 0300 422 6245

Monday to Friday, 8:00am to 6:00pm

Alternatively, you can you contact your GP or NHS 111 for advice.

NHS 111

Tel: 111

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Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

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* Ask 3 Questions is based on Shepherd HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counselling, 2011;84: 379-85



<https://aqua.nhs.uk/resources/shared-decision-making-case-studies/>