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Integrated Continence and Urology Products Formulary (Adults)

Updated 24/02/2026

Gloucestershire Integrated Continence and Urology Products Formulary (Adults)

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Purpose of the formulary

This formulary has been prepared to give healthcare professionals across Gloucestershire NHS a workable list of appliances and devices for the management of bladder and bowel care. This formulary is to be used as a guide when selecting or prescribing these products for patients that has either a bladder or bowel problem. This Formulary provides guidance to prescribers and is not intended to restrict patient choice.

The Green Amber and Red shading of products is just a guide of cost, Green – most cost effective should be use as standard, Orange-slightly less cost effective. Red – only use with specialist guidance. (There are currently no red items in this formulary)

Principles of good practice

A comprehensive continence assessment is required before considering any continence appliance or device: the emphasis should be on appropriate treatment or management. Product selection should be made to meet the patient's needs on an individual basis as not all products are suitable for all.

Please **use the Formulary** for all assessments and reassessments. If an alternative product which is not on the Formulary is required, please call the Specialist Bladder & Bowel Health Team for advice.

A **clinical assessment Letter** must be completed and sent to the GP when requesting a script for a product off formulary.

Where non-formulary products are identified repeatedly, we can consider revising the formulary. Your feedback is important. Always follow manufacturer's guidelines when applying products.

A prescription of any continence appliance or device (**NOT** incontinence pads) **is triggered by the patient** contacting the Appliance Ordering Service (AOS) for a repeat prescription for their Community Pharmacy or by contacting a Dispensing Appliance Contractor (DAC) directly.

The DAC must first be provided with a prescription prior to ordering/supplying the patient. Quantity of appliances in this formulary is a guide only as each item is individual to the person's needs and usage will reflect this.

Summary of changes 24/02/2026

- Added alternative catheter insertion pack**.**
- Peristeen Anal Plug discontinued and removed.
- Prosys Leg bag removed due to dramatic price increase.
- Bard single use night bag removed as no longer available.
- Nephrostomy information updated.
- IQ Cath – 7591PPA removed no longer available
- New Hunter catheter range added as a cost-effective alternative.

- Lofric Origo Flex and sleeve added, as requested by Nurse Specialists
- Vapro Hydrophilic Catheter added as Tieman tip for difficult catheterisations as requested by Nurse Specialists.

- Diveen Set female stress incontinence device added as a cost-effective addition
- All pricing updated and pictures added

Contact details for the Gloucestershire Specialist Bladder and Bowel Health

Oakley, 2nd Floor Centre Block, Cheltenham General Hospital, Sandford Road, Cheltenham, GL53 7AN. Telephone: Helpline **0300 422 5306** Email: ghn-tr.gloscontinenceservice@nhs.net

Correct prescribing practice

- ⌘ Always confirm with the patient what they already have in stock and what they actually need
- ⌘ Do not issue any post-dated prescriptions
- ⌘ Do not issue or add new continence/urology items to a patient's repeat prescription unless they have been initiated and approved by a qualified healthcare professional (e.g., a Bladder and Bowel Continence Nurse Specialist (CNS), a Urology Nurse Practitioner (UNP), an NHS commissioned community/district nurse providing the patient's care plan). Requests should adhere to the formulary unless there is written evidence of clinic letter in the patient's notes detailing the rationale for deviating from the formulary
- ⌘ Non-formulary - Any request for new items (formulary or non-formulary) directly from a DAC on behalf of the patient should be approved by the NHS employed or NHS commissioned healthcare professional responsible for the patient's care.
- ⌘ If you are concerned about the high quantities prescribed or an early prescription request please contact the healthcare professional responsible for the patient's care as this may indicate that the patient needs an Appliance Use Review (AUR)
- ⌘ Do not re-issue any missing prescriptions that have already been supplied to a dispensing appliance contractor (DAC) without investigating
- ⌘ Do not issue prescriptions more than 14 days before they are needed, except if the patient/carer states they need their prescription early for a valid reason (e.g., to cover a holiday) or the patient has been classed as a vulnerable patient
- ⌘ Do not issue higher quantities than those recommended in these guidelines, except on the documented advice of a qualified healthcare professional (e.g., a CNS, an NHS commissioned community/district nurse providing the patient's care plan)
- ⌘ If you are concerned about the high quantities prescribed or an early prescription request please contact the healthcare professional responsible for the patient's care as this may indicate that the patient needs an Appliance Use Review (AUR)
- ⌘ DACs must request a prescription before supplying the products. The only exception is in an emergency. In the event of an emergency a DAC representative, or an NHS employed or NHS commissioned nurse will contact the patient's practice directly, explain the reasons for the urgent prescription and gain authorisation from the prescriber at the relevant practice before placing the order at the DAC

- DACs are contractually required to only supply appliances upon receipt of a valid prescription or an emergency request from a prescriber. A retrospective prescription, i.e., when a DAC dispatches an order before receiving a prescription, is incorrect practice. The prescriber is not legally or contractually obliged to supply a retrospective prescription.

- One exception to this is when a DAC is requested by the specialist team to dispatch the order **for new patients** upon hospital discharge, prior to receiving a prescription for the stock. In these situations the stock supplied will supplement the 'hospital issued discharge stock' allowing time for a convenient patient follow up visit to occur. This is to allow a smooth discharge and to reduce patient 'supply anxiety' if there are delays in the discharge communication and initial repeat item setup at the practice. Once a patient is 'stabilised', the routine approach described above applies.

Indwelling Urinary Catheters

General Principles

- Patient assessment, monitoring and ongoing support is essential to prevent Catheter Associated Urinary Tract Infections (CAUTI) and improve the quality of life for patients who have an indwelling urinary catheter.
- The aim is to remove the indwelling catheter as soon as possible following insertion. A Trial Without Catheter (TWOC) date should be set when inserting the catheter and recorded in the catheter passport.
- Catheters must only be used according to the manufacturer's instructions. Choice of catheter material will depend on patient assessment and reason for catheterisation i.e., anticipated duration of catheterisation.
- What is Charriere Size? The Charriere (Ch) or French Gauge (Fg) is the outer circumference of the catheter in millimetres and is equivalent to three times the diameter.
- Female - size 12Ch or 14Ch is suitable for the majority of female patients.
- Male - size 14Ch or 16Ch for male patients. If however a size 14ch does not allow urinary outflow and blockage occurs, within six weeks of insertion (without evidence of encrustation) then a size16Ch should be used. If the size16ch does not drain then a Urology Advice and Guidance should be made.
- Size 16Ch to 18Ch are usually used for **supra pubic catheterisation**.
- A 10ml balloon represents the amount of sterile water required to fully inflate the catheter balloon. Inflate according to manufacturer's instructions. Under inflation can distort the angle of the catheter tip, causing bladder spasm. Larger balloons can cause irritation and/or leakage.
- A catheter passport **MUST** be completed for all patients with an indwelling urinary catheter. All patients should have a completed catheter passport. The catheter passport is a shared patient/healthcare professional document describing how to care for an indwelling urinary catheter and should be kept up to date following every contact.
- **If on-going problems e.g., frequent re-catheterisations, bypassing, frequent blocking, please contact the Gloucestershire Specialist Bladder & Bowel Health Team for advice and Guidance.**

The Comprehensive Catheterisation Tray

- A high number of Catheter Associated Urinary Tract Infections **(CAUTI)** are linked to the insertion of an indwelling urinary catheter.
- Using a catheterisation pack and Aseptic Non-Touch Technique **(ANTT)** reduces the risk of catheter associated urinary tract infections **(CAUTI)**.
- Before inserting a new catheter always consider if it is required – see Assessment for Possible Urinary Catheterisation "**Think Alert! Before You Insert**" promoting appropriate urinary catheter click here.
- Promotes and standardises "Best Practice" supporting policy compliance and effective clinical outcomes.
- Ensures the use of correct equipment required for catheterisation.
- Improves the essential cost with efficient catheterisation as supplied-all in one pack/system reducing nursing time and is easier to use.
- See Epic3 Guidelines: https://improvement.nhs.uk/resources/epic3-guidelines-preventing-healthcare-associated-infections/
- Bard Foley Comprehensive Tray or Ugo Box is the cost-effective option when the catheter and leg bag in the tray is used.
- If however when the catheter and drainage bag are going to be discarded and replaced with alternative products please select the Cath-it, (Catheter Insertion/Removal Pack) that requires individual prescribed items.

Comprehensive Catheterisation trays								
PLEASE ENSURE CORRECT SIZES ARE USED: **MALE=14-16Ch FEMALE=12-14 Ch SUPRA PUBIC=16-18Ch**								
	Product					Unit	Price	Information
Picture	Name	S/F/M	Sizes	Manufacturer & Code				
	Optimum medical **The Ugo Box**	standard	12Ch 14CH 16Ch	short tube 3453 3454 3455	Long tube 3459 3460 3461	1	**£16.97**	Catheterisation pack includes; 20mls of saline, 10ml syringe, **Ugo foley silicone catheter**,10ml sterile water syringe, syringe Opti lube, 500ml leg bag, ugo fixation and leg straps, apron, gloves everything needed for catheterisation

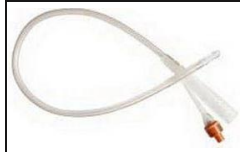
	Bard Foley Comprehensive Tray-BIOCATH Hydrogel coated Latex pre-connected to 500ml leg bag **Best practice**	Standard	12-16 Ch	D22655S/L Glove size S,M,L		1	**£18.98**	Includes everything for a safe catheterisation - pre –connected Foley catheter, in active lubricant gel, 500ml leg bag (short or long tube), StatLock catheter fixation device, syringes x3 with sterile water , apron, gloves x2 pairs (**NOTE**: gel does not contain local anaesthetic)

	Comprehensive tray with a catheter (for patients with a latex allergy)						
	Bard Foley Comprehensive Tray-BIOCATH (LUBRI-SIL® Hydrogel coated Silicone) pre-connected to 500ml leg bag **Best Practice**	Standard	12-16 Ch	D17585S/L Glove size S,M,L	1	**£20.04**	All silicone catheter – should be used if the patient is allergic to latex.

Indwelling catheters for long term (up to 12 weeks) use

Key points:

- ⌘ Can be used for up to 12 weeks
- ⌘ Catheters listed are licensed for urethral and suprapubic use
- ⌘ All new catheters should be standard length catheters to prevent a female catheter being inserted inadvertently into a male patients
- ⌘ Catheters listed are single packed units. Use a community catheter pack when inserting or removing a catheter
- ⌘ If a catheter is being used less than 4 weeks i.e. requiring frequent catheter changes consider:
  - Hydration and monitor fluid intake consider using a drinks tracker
  - Using a short-term catheter and refer to Specialist Bladder & Bowel Health Team helpline for advice

Single Catheters							
	Product			Manufacturer & Code (Varies according to size)	Unit	Cost	Information
	Name	S/F/M	Sizes				
	BIOCATH Aquamatic Hydrogel coated Latex	**Standard** (Male also for females)	12-16Ch	Bard D2265 12-16	1	**£9.27**	Can remain in situ for up to 12 weeks (4-5 catheters required per year)
	Prosys All Silicone	**Standard** (Male also for females)	12-18Ch	CliniSupplies PCF12M10-PCF18M10	1	**£6.18**	All Silicone Foley catheter 10ml balloon
	LUBRI-SIL® - Hydrogel coated All-Silicone	**Standard** (Male also for females)	12-18Ch	Bard D1226412-18E	1	**£9.87**	The BARD® LUBRI-SIL© Foley catheter is a 100% latex free silicone catheter. 10ml balloon Can remain in situ for up to 12 weeks
	Open ended catheter An open-ended catheter is an alternative for a patient experiencing problems with repeated blockage and bypassing. There is no tip to the end of the catheter. Please contact the Bladder * Bowel Service helpline for advice.						
	**Folysil®-X-Tra Straight open-ended catheter male**	**Standard** (Male also for females)	12-18Ch	Coloplast AA8C12-AA8C18	1	**£7.07**	Silicone catheter 10ml balloon

Catheter Insertion/Removal Pack
No catheter, catheter lubricant, no meatal cleaning saline, no syringe or sterile water for balloon, no drainage bag or catheter fixation in this pack**.**

Pictures	Name	Sizes	Manufacturer & Code	Unit	Cost	Information
	Richardson Healthcare Catheter Insertion / removal pack	Small / Medium Small gloves	908410	1	**£2.12**	The pack has two separately sealed layers. The first section is for removing an existing catheter and the second for inserting a new catheter.
	Richardson Healthcare Catheter Insertion / removal pack	Medium / large Medium Gloves	908420	1	**£2.12**	
	Richardson Healthcare Catheter Insertion / removal pack	Large / Xlarge	908430	1	**£2.12**	
	UgoPro Catheterisation pack Procedure pack	S/M/L	3400	1	**£2.33**	The pack has two separately sealed layers. The first section is for removing an existing catheter and the second for inserting a new catheter.

Catheterisation Lubricant

Catheterisation lubricant is used to:

- Reduce injury to the urothelium & subsequent risk of urethra trauma/damage.
- Facilitate pain free insertion. Possibly reduce risk of associated infection.

Inserted doses:

- If licensed for suprapubic catheter changes and appropriate recommend use of 6ml size.

Please note some lubricating gels are classified as “medicines” so Dispensing Appliances Companies (DAC) would not be able to dispense them. They should be ordered through a community pharmacy.

Catheterisation Lubricants	
	Lubricant without Lignocaine or Chlorhexidine

Pictures	Lubricant	Lignocaine	Chlorhexidine*	Code	Normal usage	Cost
	OptiLube Sterile Lubricating Jelly. Contains no active ingredients. Syringes 11ml syringe	No	No	1126	1 syringe for every catheter supplied	**£0.98**
	OptiLube Active (CHG free) 11ml	Yes	No	1168	1 syringe for every catheter supplied	**£1.79**
	Local anaesthetic Lignocaine 2% and chlorhexidine Gluconate 0.05%					
	Lubricant	Lignocaine	Chlorhexidine*	Code	Normal usage	Cost
	Instillagel 11ml Syringe	Yes	**Lubricant with Local anaesthetic Lignocaine 2% and chlorhexidine Gluconate 0.05%**		1 syringe for every catheter supplied	**£2.09**
	Medical Devices Agency (MDA) Alert October 2012 warns products containing Chlorhexidine have a risk of anaphylactic reaction					

Picture	Product	Manufacturer	Tube length	Codes	Cost	Description
	Ugo 4 weekly Box Single use Night Bags	Optimum medical	1C Short tube 2C Long tube	3014 3015	**£30.92**	4xUgo leg bags, 28 single use night bags, 1x hanger, 4x gentle fix, 4 pairs of leg bags and straps, pt. and carer user guide
	Ugo 4 weekly Box Drainable Night Bag	Optimum medical	2C Long tube	3025	**£30.92**	4xUgo leg bags, 4 drainable night bags, 1x hanger, 4x gentle fix, 4 pairs of leg bags and straps, pt. and carer user guide.

4-week Catheter Accessory kit

- Catheter 4 weeks supply of night and Leg drainage system including straps and fixings to promote cost efficiency and waste. Ideal for Care Homes.

Catheter Drainage- Leg Bag

General Principles:

- A sterile drainage bag should always be used for the collection of urine from indwelling urinary catheters.
- Leg bags should be changed every 5-7 days; however a pre-connected bag can remain connected for 14 days (manufacture recommendation).
- Maintaining a closed system reduces the risk of infection. The leg bag **MUST** not be removed when attaching a night drainage bag. This “link” system allows for extra drainage capacity overnight.
- Non-Sterile drainage bags can be used with penile sheaths only.
- Drainage bags can be worn in different positions on the leg, thigh, knee & calf depending on patient preference. The position will determine the length of the inlet tube (i.e.: direct, short tube 10cm, 30cm long tube).
- Leg bags must be secured to the leg. They can be attached using latex free, washable elastic Velcro straps with non-slip backing (usually packed with the leg bag) or leg bag holder/supports.
- 500ml is the most common size used.
- No more than 6 boxes of 10 bags should be issued per year.

Catheter Drainable Leg Bag							
Picture	Product	Bag Volume	Tube Length Tap	Manufacturer & Code	Unit	Price £ per unit	Information
	Spirit Leg Bags	500ml	Short Tube (10cm or 30cm) Lever Tap	DSLB500 S or L	10	**£26.39**	Spirit Leg Bags sterile with lever tap, 1 pair of sterile latex free gloves and 1 pair of soft elasticated straps.
	Spirit Leg Bags	750ml	Short Tube (10cm or 30mls) Lever Tap	DSLB750 S or L	10	**£26.39**	Spirit Leg Bags sterile with lever tap, 1 pair of sterile latex free gloves and 1 pair of soft elasticated straps.
		750ml	Variable (60cm) Lever Tap	DSLB750V	10	**£26.39**	ONLY USE WITH A SHEATH NEVER USE WITH A CATHETER
	Ugo Leg Bag	500mls	Short and long tube Lever Tap	1C/500/ST/L 2C/500/LT/L	10	**£25.98**	Fabric backing and 1 pair of Leg bag straps in every box
	Ugo Leg Bag	750mls	Short and long tube Lever Tap	Optimum Medical 7C/750/ST/L 8C/750/LT/ L	10	**£25.98**	Fabric backing and 1 pair of Leg bag straps in every box
	Ugo Leg Bags	350mls	Direct inlet Lever Tap	5C/350/DI/L	10	**£25.98**	Fabric backing and 1 pair of Leg bag straps in every box

Night bags - Single Use Disposable (Non-Sterile)

Key points:

- **Single use** for connection to leg bags or catheter valves to maintain a closed circuit thereby reduces the risk of infection (CAUTI).
- The position of the bag should be below the bladder to promote drainage.
- Night drainage bags should be on a catheter bag stand. Drainage bags need to be supported on a stand to avoid the creation of negative pressure at 30cms below the bladder. If pressure is allowed to build it can cause catheter blockage from suction on the bladder mucosa.
- Catheter stands are available free of charge from most DACs - Bard= Script Easy, Optimum Medica =Vyne, l and CliniSupplies, Clini Direct.
- Nursing and Residential Care Homes must use a single use non-drainable night bag attached to a leg bag or catheter valve to reduce the risk of infection, unless the patient is bed bound when a drainable sterile night bag is acceptable.

Night Bag Single Use Disposable (Non sterile)							
Picture	Product Name	Bag Volume	Tube Length	Manufacturer & Code	Unit	Price £ per unit (10)	Information
	ProSys	2 litres	100cm	CliniSupplies PSU2	10 per box	**£3.30**	Use once only Prosys Non Sterile 2 litre night bag with 90cm inlet tube and non-return valve, T Tap
	UGO 9	2 litres	90cm inlet tube	Optimum medical 9/NS/SU/DO	10 per box	**£2.25**	Ugo non sterile 2l Bag single use with tear to drainage

Night bag - Drainable

Key points:

- Used for catheters on free-drainage and should be changed every 5-7 days. Disconnection to be avoided as it breaks the sterile closed system increasing the risk of infection
- No more than 6 boxes of 10 bags should be issued per year
- For bedbound patients it may be appropriate for a sterile 2 litre drainage bag to be connected directly to the catheter

Night Bags Drainable							
Picture	Product Name	Bag Volume	Tube Length	Manufacturer & Code	Unit	Price £ per unit (10)	Information
	Spirit Night Bags	2 litres	120cm Lever Tap	Bard Ltd DSBB2000	10 per box	**£12.10**	Supplied with 1 pair of latex free sterile gloves. Has needle free sample port.
	ProSys Night Bags	2 litres	90cm slide outlet tap	CliniSupplies P2000 ST	10 per box	**£12.93**	Supplied with 1 pair of latex free sterile gloves. Has needle free sample port.
		2 litres	90cm lever outlet tap	CliniSupplies P2000-LT	10 per box	**£12.93**	Supplied with 1 pair of latex free sterile gloves. Has needle free sample port.
	UGO 12 Night Drainage bag	2 litres	lever tap drainage	Optimum medical 12/S/D/L	10 per box	**£12.99**	**Sterile** 2 litre bag, needle free sample port with 90cm inlet tubing

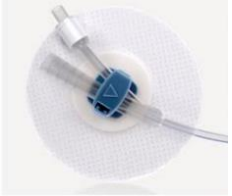
Belly Bag

Each bag comprises a drainage bag and is worn around the waist. Urine is drained into the bag by means of residual bladder pressure. The bag should be changed every 28 days.

Belly Bag						
Pictures	Product Name	Bag Volume	Manufacturer & Code	Unit	Price	Information
	Teleflex Rusch - Standard Belly Bag Collection Device with twist drain	1000mls	Teleflex / Rusch B1000	1	**£11.60**	Each bag may be used for up to 30 days. Sterile 2 litre night bag with 90cm inlet tube and non-return valve
	Teleflex Rusch Belly Bag with extended drainage tubing	1000mls	Teleflex / Rusch B1000CT	1	**£11.60**	
	Standard Belly Bag Collection Device with twist drain and sample port	1000mls	Teleflex /Rusch B1000P	1	**£11.60**	

Catheter fixation devices (securement)

These are an alternative to the catheter retaining straps supplied with the leg bag. Retaining straps are used to secure the tubing or catheter firmly and comfortably against the leg acting as a shock absorber for all indwelling catheters.

Catheter Stabilisation Devices							
Picture	Product Name	Bag Volume	Length of time it can remain in use	Manufacturer & Code	Unit	Price £ per unit (10)	Information
	All catheter stabilisation devices should be alternated between sites when changed						
	**Ugo Fix Gentle**	Disposable	Up to 7 days	Optimum Medical 3004	5	**£13.60**	Silicone covered so gentle on fragile skin. The device can be used for 7 days and transferred between sites.
	StatLock-Foley	Disposable	Up to 7 days	Bard FOL0102DT	1	**£14.20**	For use with all silicone & Latex to remain in place for 7 days Foley Catheters

Catheter Straps: Catheter straps promote alternating daily securement preventing skin damage.							
	Ugo fix leg bag straps	Washable	Should top up straps that come with leg bags 1—2 boxes per year	Optimum Medical 400-8538 /3011	10 pairs	**£14.43**	10 x One 75cm and one 45cm strap
	UGO Fix Catheter Straps	Washable	Life of a catheter strap approx. 1 month. Wash each time leg bag changed	Optimum Medical Short 45cm Medium 80cm Long 130cm Ex Long 180cm	5 pack	**£13.77** **£15.20** **£18.50** **£20.71**	Silicone clasp and "hook and loop" closure. An option for patients with fragile skin.

Sleeves: to be used as an alternative to leg bag straps whenever possible

Picture	Product Name			Manufacturer & Code	Unit	Price £ per unit (10)	Information
	Ugo Fix Sleeve Small (24-39cm)	Washable	Supply a minimum of 2 sleeves. The life of a sleeve is approx. 1 month. It needs to be changed and washed each time the leg bag is changed.	Optimum Medical 3005	Box of 4	**£8.02**	The catheter sleeve ensures even pressure across the leg. They can be worn on the thigh or calf. Ladies who wear skirts often prefer a sleeve on their thigh.
	Ugo Fix Sleeve Medium (36-55cm)	Washable		Optimum Medical 3006	Box of 4	**£8.02**	
	Ugo Fix Sleeve Large (40-70cm)	Washable		Optimum Medical 3007	Box of 4	**£8.02**	
	Ugo Fix Sleeve Extra Large (65-90cm)	Washable		Optimum Medical 3008	Box of 4	**£8.93**	
	Prosys Leg Bag Sleeve Small (24-40cm)	Washable		CliniSupplies PLS3881	4 sleeves / pack	**£8.22**	
	Prosys Leg Bag Sleeve Medium (36-50cm)	Washable		CliniSupplies PLS3904	4 sleeves / pack	**£8.22**	
	Prosys Leg Bag Sleeve Large (40-65cm)	Washable		CliniSupplies PLS3928	4 sleeves / pack	**£8.22**	

Catheter Valves

- For use with indwelling catheters only
- Their use helps to imitate normal bladder function, allowing the bladder to maintain normal capacity
- Valves should be changed every 5-7 days- no more than 5 prescribed each month.
- They decrease the risk of bladder wall erosion & trauma to bladder neck as they allow the catheter balloon to be lifted from the bladder wall.

Catheter Valves							
	Product Name	Disposable or Re-usable	Recommended Duration	Manufacturer & Code	Unit	Price £ per unit	Information
	Prosys Catheter Valve	Disposable	Change every 5-7 days	CliniSupplies PCV3942	5	**£10.41**	Usual requirement one pack of 5 per month
	Ugo Catheter Valve	Disposable	Change every 5-7 days	Optimum Medical 3000	5	**£11.75**	
	Flip-Flo Catheter Valve	Disposable	Change every 5-7 days	Bard BFF5	5	**£14.70**	

Catheter Irrigation Solution

Contact the Gloucestershire Specialist Bladder and Bowel Health Team (Tel: 0300 422 5306) for Advice and guidance

Key points:

- Catheter Irrigation solution should be used as part of a treatment plan and NOT routine for every patient.
- The solution should only be used following a patient assessment by a Registered Health Care professional who will arrange authorisation & prescription
- They should only be considered for short term use to try to reduce catheter blockage due to encrustation of indwelling catheters or to dissolve crystal formation prior to removal of a catheter to prevent urethral trauma
- These preparations should only be prescribed for 4 weeks then reviewed
- They are not to be used routinely or to attempt to unblock a non-draining catheter
- Studies have shown that two sequentially solutions are far more effective than either a single solution 50ml or 100ml.

Types of solutions

Sodium chloride (S) Sodium chloride may be helpful for removing blood clots, mucus and any other mechanical blockages.

Citric acid 3.23% (G) will dissolve encrustation. It is recommended that two instillations should be used sequentially. The agitation property of this product should be used with care.

Citric acid 6% (R) will dissolve crystals and is twice the strength of the G solutions. It is recommended that two instillations should be used sequentially. The agitation property of this product should be used with care.

Catheters Irrigation Solution						
Pictures	Product Name	Active ingredient	Pack size	Manufacturer & Code	Price	Information
	Uro-Tainer Suby G	Citric Acid 3.23%	2x30mls	B Braun 9746609	**£5.50**	Will dissolve encrustation, use with care
	Uro-Tainer Solution R	Citric Acid 6%	2x30mls	B Braun 9746625	**£5.50**	Will dissolve crystals and is twice the strength of the G solutions. Should be used with care.

	OptiFlo S	0.9% Saline	50ml 100ml	CSS50 CSS100	**£3.76**	Sodium Chloride may be helpful for removing blood clots mucus and any other mechanical blockages Not to be used for encrustation
	OptiFlo R	6% Citric Acid Solution R	50 ml 100ml	CSR50 CSR100	**£3.49**	Will dissolve crystals and is twice the strength of the G solutions. Agitation should be used with care.
	OptiFlo G	3.23% Citric Acid Suby G	50ml 100ml	CSG50 CSG100	**£3.99**	Will dissolve encrustation, use agitation with care

Intermittent Self Catheterisation (Single use)

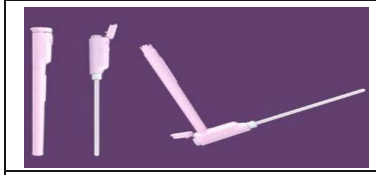
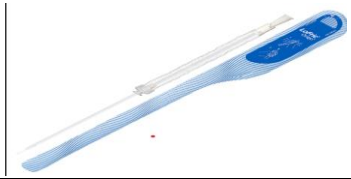
Key points:

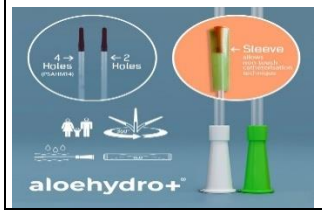
These are suitable for patients with incomplete bladder emptying e.g. neurogenic bladder disorders, particularly patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.

- Patients need good dexterity and cognitive ability
- Helps to reduce urinary infection risks
- How many a patient uses a day depends on their medical / clinical reason for ISC ranging from 1-6 times / day

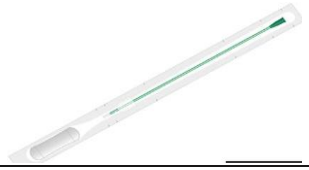
Normal usage: usually 1-6 boxes of 30 a month, depending on the medical condition.
If ordering more than 6 boxes per 30 a month, seek advice from the Gloucestershire Specialist Bladder & Bowel Health Team or Urology Practitioners.

Intermittent Self Catheterisation Catheters							
	Product			Manufacturer & Code (Varies according to size)	Unit	Price £ per unit	Information
Pictures	Name	S/F/M	Sizes				
	SensaCath Hydrophilic	Male	PSCM 12-16 Ch	CliniSupplies Ltd PSCM PSCF	30	**£39.39**	An “at home” catheter. May need to be used in combination with another product which the patient uses when away from home.
		Female	PSCF 12-16 Ch				

	ReadyCath Flex Hydrophilic Intermittent Catheter	Male 40 cm	10-16 Ch	Hunter RCFM 10-16 RCFF 10-14	30	**£49.10**	Single use Smooth coating and eyelets Flexible tip PVC free, soft plastic sleeve to grip catheter
		Female 20 cm	10-14Ch				
	LoFric Sense	Female 15cm	Ch 8-14	Wellspect HealthCare 4160825-4161425	30	**£51.80**	Sterile Polyvinyl low friction catheter in Saline with easy-grip handle.
	**LoFric Elle**	Female	Ch 10-14	Wellspect HealthCare 4181025-4181425	30	**£52.85**	Hydrophilic intermittent catheter with a case that becomes an angulated Handle
	LoFric Origo	Male	Ch 10-18	Wellspect HealthCare 4431025-4431825		**£52.61**	Sterile Polyvinyl low friction catheter in Saline with easy-grip handle.
	Lofric Origo Flex	Flexible Male	Ch 12-14	Wellspect HealthCare 4451225-4451525	30	**£56.02**	Sterile Polyvinyl low friction straight catheter with a flexible ball shaped tip.
	**Lofric Origo Sleeve**	Male 40cm	Ch12-16	Wellspect HealthCare 4461225-4461625	30	**£57.07**	Sterile Polyvinyl low friction catheter in Saline with sleeve
	Aloe Hydro Plus	Male	Ch10-16	Hunter	30	**£49.10**	

		female	Ch 08-14	PSAHM 10-16 Ch PSAHF 08-14 Ch	30		Intermittent catheter with hydrophilic coating and a Flexible tip with a sterile water sachet

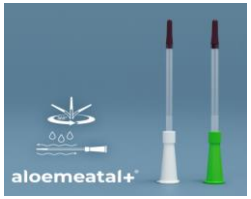
	Wycath H20 Hydrophilic Tapered Tip	Male	Ch 12-18	W2TAM12-18	30	**£45.91**	Hydrophilic intermittent catheter with a tapered tip.
	Wycath H20 Hydrophilic Soft Tip	Male	Ch12-18	W2M12-18	30	**£47.81**	Hydrophilic intermittent catheter with a soft tip.
	SpeediCath Compact	Male	Ch12/18 (one size)	Coloplast 28692	30	**£59.97**	Compact discrete Hydrophilic coated catheter
		Female	Ch10-14	28579 – 28814	30	**£51.32**	
	SpeediCath Compact Plus	Female	Ch 10-14	28810-28814	30	**£53.17**	2cm longer
	Speedicath Compact Eve	Female	Ch 10-14	Coloplast 2811028114	30	**£55.95**	Triple layer hydrophilic pre-lubricated easy grip compact and discrete can be reclosed for hygienic disposal.
	Actreen Mini	Female	Ch 10-14	B. Braun Medical Ltd 228010E – 228014E	30	**£50.35**	Pre lubricated with glycerine

	Manfred Sauer UK Ltd iQ Cath Hydrophilic with integrated saline sachet	Male	Ch10-14	Manfred Sauer UK Ltd Q2104.10IQ2104.18	30	**£50.81**	
	**Manfred Sauer UK Ltd iQ Cath Integral Gel Sachet**	Male	Ch 10-18	Manfred Sauer UK Ltd IQ3104.10IQ3104	30	**£51.21**	With Gel
	Hollister Infyna Chic Hydrophilic Intermittent Catheter	Female	Ch 10-14	Hollister 7008-7014	30	**£50.95**	
	VaPro Plus Pocket	Male 40cm	Ch 8-16	Hollister 71084-71164	30	**£92.51**	With a drainage bag
		Female 20cm (Ch 8-14)	Ch 8-14	Hollister 71082-71142	30	**£92.51**	
	Vapro Pocket	Male	Ch 10-16	Hollister 70104-70164	30	**£54.81**	Without drainage bag
	Vapro Pocket	Female	Ch 10-14	Hollister 70102-70142	30	**£54.69**	
	Vapro Hydrophilic Catherter	Tiemann tip	Ch12-16	Hollister 73124-72164	30	**£57.15**	Tiemann tip allows easier insertion for patients with enlarged prostate or urethral strictures.

Intermittent Self dilatation –FOR SPECALISED USE ONLY

A urethral stricture is a narrowing of the urethra often caused by injury or disease. A urologist may suggest urethral dilatation is used to keep the stricture from recurring and to maintain the urethral opening. For UNP use only.

Please contact a Urology Nurse Practitioner (UNP) or the Gloucestershire Specialist Bladder and Bowel Health Team for advice.

Dilatation Catheter					
Picture	Name	M/F and size	Pack and Codes	**price**	Information
	**Dilation Catheters** **Aloe Meatal +**	Hunter 10-12-14-16-18Ch	**Hunter** 30 pack ALOEMPS 10-12-14-16-18 Ch	**£42.78**	For Dilatation only
	Liquick Plus X-treme Plus	MALE 12Ch-16Ch	**Teleflex** 852822-000120-000140	**£88.50**	For Dilatation only
		FEMALE 12Ch-14Ch	852842-000120-000160		
	Speedicath Flex	16Ch	**Coloplast** 20 pack 28916	**£52.17**	For dilatation and ISC

Urinary (Penile) Sheaths

These can offer a valuable alternative method of management for urinary incontinence in men. Sheaths are available with and without fixing devices which may be applied externally. It is important to accurately assess for the type and size of sheath using the specific manufacturers measuring device. It is recommended that sheaths are changed on a daily basis.

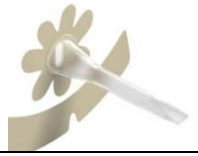
Adhesive removers and barrier products are not normally recommended with sheaths. Adhesive residue can be washed away with warm soapy water and barrier creams may interfere with adhesion. Over ordering more than one box of 30 per month may indicate poor fit, if a patient is experiencing any other problems refer to the continence service for advice.

Urinary Sheaths						
Pictures	Urinary Sheaths	Code	Size	Unit	Price £ per unit	Information
	UGO (optimum medical) Self-adhesive (pop on) silicone sheath	4305/413- 4169	25mm	Pack of 28	**£49.31**	4 x7 day organised box pack. Pack of 28 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack.
		3107/413-4177	28mm			
		3108/413-4185	30mm			
		3109/413-4193	36mm			
		3110/413-4201	38mm			
		3111/413-4219	40mm			
	Prosys Flofit (CliniSupplies) Self-adhesive (pop on) silicone sheath	PSS24POPON/B	24mm	Pack of 30	**£50.75**	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Available on NHS Supply Chain
		PSS28POPON/B	28mm			
		PSS31POPON/B	31mm			
		PSS35POPON/B	35mm			
		PSS40POPON/B	40mm			
	UltraFlex Clear Silicone Sheath (Self-adhesive) (BD/Bard Medical)	33301	Small	Pack of 30	**£54.01**	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Not available on NHS Supply Chain
		33302	Medium			
		33303	Intermediate			
		33304	Large			
		33305	X Large			
	Clear Advantage Spirit, Style 1 Standard (BD/Bard Medical)	5243	24mm	Pack of 30	**£56.60**	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Available on NHS Supply Chain
		5283	28mm			
		5323	32mm			
		5363	36mm			

		5403	40mm			
	Clear Advantage Spirit, Style 2 Pop on (BD/Bard Medical)	7243	24mm	Pack of 30	**£56.60**	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. The most frequently used style in the Clear Advantage range. Changed daily Available on NHS Supply Chain
		7283	28mm			
		7323	32mm			
		7363	36mm			
		7403	40mm			
	Clear Advantage Spirit, Style 3 Wide band BD/Bard Medical)	9243	24mm	Pack of 30	**£56.60**	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Available on NHS Supply Chain
		9283	28mm			
		9323	32mm			
		9363	36mm			
		9403	40mm			

Sheath prep wipes					
Pictures	Product	Manufacturer	Size	Price	Information
	Sheath Velcro Foam Strap	Jade-Euro-Med Ltd	10 per box Order code M450	**£13.70**	One needed per sheath
	Conveen prep wipes	Coloplast	Sheath prep wipes Box of 54 62042	**£11.77**	These are not required for every patient. Most patients will find washing with soapy water and drying well with a towel is adequate skin preparation. However if the patient has an oily skin or struggles to get the condom to fix a sheath prep wipe may be helpful. Contains alcohol. Use the wipe at each sheath change, every 24 hours. 2 boxes every 3/12.
Adhesive Removers (Not needed for everyone try soap & water first)					
Pictures	Product	Manufacturer	Size	Price	Information

	StoCare Adhesive Remover – Non Sting Aerosol	Medicare plus	50ml	**£4.95**	Quick drying spray which does not leave residue.
	StoCare Remover Wipes	Medicare plus	Box of 30	**£8.50**	

Male urinal systems On Specialist Advice only						
Pictures	**Product**	**Manufacturer**	**Order code**	**quantity**	**price**	**Information**
	Beambridge Urinal Bottle with Tap	Beambridge Ltd	6-BBT	1	**£15.25**	**1 every 6 months**
	Adult Male urinal with pubic pressure ring Diaphragm and rubber under straps	Jade-Euro-Med Ltd	Fig 101	1	**£73.62**	**2 every 3 months for retracted penis**
	Urinal plastic bags for fig 101	Jade-Euro-Med Ltd	OLBWT – L	5	**£18.34**	
	Male Jockey appliance with Bag.	Jade-Euro-Med Ltd	M200	1	**£70.97**	**2 every 6 months for a retracted penis**
	Replacement belt for above.	Jade-Euro-Med Ltd	JB/200	1	**£14.30**	**3 per year**
	Retracted penis pouch with Flextend skin barrier	Hollister Ltd	9873	10	**£32.38**	**1 per day**
	**Bioderm Sheath**	**iMWDicare**	20026-4	4	**£35.36**	

Urinals and Vernagel for Urinals

- These may be used for patients who have functional incontinence.
- These should be used as part of their treatment or management plan

There is a wide range of products available on FP10 for further advice and support contact the Gloucestershire Specialist Bladder & Bowel Health Team.

Insert for Female Stress Incontinence

Insert for Female Stress Incontinence						
Picture	Product	Manufacturer	Code	Unit	Price £ per unit	Information
	Contiform Starter Pack	Contiform	SKU 184	1	**£53.77**	**It is recommended that these are fitted with the advice of a specialist practitioner**
	Replacement Pack Small	Contiform	SKU16134	1	**£27.78**	
	Replacement Pack Medium	Contiform	SKU16227	1	**£27.78**	
	Replacement Pack Large	Contiform	SKU16270	1	**£27.78**	
	Diveen Trial Set	B Braun Medical	3025E	1	**£8.91**	Contains 1 small and 1 medium
	Small		3022E	15	**£41.79**	15 devices and Applicator
	Medium		3023E	15	**£41.79**	15 devices and Applicator
	Efemia Starter set	**iMEDicare Ltd** Efemia	110505	1	**£50.52**	
	Small 30mm	Efemia	110102	1	**£45.36**	
	Medium 35mm	Efemia	110202	1	**£45.36**	
	Large 40mm	Efemia	110302	1	**£45.36**	

Vaginal Moisturiser Gel Hormone free vaginal moisturising gel provides relief from symptoms of vaginal atrophy, dryness, itching, irritation and where applicable, painful intercourse.

Picture	Product and Manufacturer	Unit	Price £ per unit
	Hyalo femme	30g Tube	**£4.63**
	Sylk Vaginal Moisturiser	3 dose pack	**£5.16**
	Vagisil Internal Hydrating Gel	6 Pre-filled applicators	**£6.85**

Trans Anal Irrigation (TAI)

Key points:

- **For advice contact the Gloucestershire Specialist Bladder and Bowel Health Team.**
- **New patients should have an assessment and product recommendation from the Gloucestershire Specialist Bladder and Bowel Health Service before they are commenced on the below products.**
- The Gloucestershire Specialist Bladder and Bowel Health Team have a list of patients using TAI and the products they require. Contact them if you are unsure of the products to order for a patient.
- Trans Anal Irrigation should only be tried if other less invasive methods of bowel management have failed to adequately control constipation and / or faecal incontinence.
- A full continence assessment should be completed prior to considering Trans Anal Irrigation ensuring there are no contra-indications.

Preferred Anal Irrigation products for prescribing in Gloucestershire						
Picture	Product	Manufacturer	Code	Unit	Price £ per unit	Information
	Navina Mini Set	Navina	6930700	1 water container, 30 rectal cones	**£199.00**	One order every 2 months

	Navina Mini Extension Set	Navina	6930800	1 water container, 30 rectal cones, 1 extension tube	**£202.26**	One order every two months
	Navina Mini Refill	Navina	6930900	Refill Set 30 rectal cones	**£152.46**	One order every two months
	Qufora IrriSedo MiniGo System		417-5576/QMGO	Contains 1x soft pump, 30 x cone	**£202.86**	MacGregor Healthcare Ltd Available as 12mm, 34.0721mm, 30mm
	Qufora-IrriSedo MiniGo Flex system		417-5584 QMGOFLEX	Contains 1x soft pump, 30 x cone flex	**£234.07**	
	Qufora-IrriSedo Cone System (includes water bag with pump & 15 cones)		QTS	Contains 1 pump, 1 water bag, 5 hydrophilic coated cones, 5 waste bags and 1 toilet bag	**£83.48**	
	Accessory Set for the above		52601-015	Contains 15 hydrophilic cones	**£62.73**	
	Qufora-Irrisedo Klick Catheter Set		QKCATH	15 Catheters, 1 tube, 1 water bag.	**£138.63**	MacGregor Healthcare Ltd

	Qufora-Irrisedo Klick Control Unit		QCONTROL	1 Control Unit, with pump and 1hook	**£53.17**	MacGregor Healthcare Ltd
	Qufora-Irrisedo klick Starter Kit		QKSTART	5 catheter, 1 Klick Tube, 1 Control Unit, 1 Water Bag, 1 leg Strap, 1 Hook, 1 Toilet bag	**£92.68**	MacGregor Healthcare Ltd
	Peristeen Plus System	Regular	29141	Includes 1 control unit, 2 rectal catheters, 1 water bag and 2 straps	**£83.53**	Coloplast
	Peristeen Plus Accessory Unit	Regular	29142	Contains 15 rectal catheters and 1 water bag	**£145.57**	Coloplast
	Navina Classic System		69005	Includes 1 control unit, 1 water container, 1 tube set, 2 rectal catheters, 1 accessory set and 1 case	**£82.15**	
	Navina refill		69006	Contains 1 Classic control unit, 1 water container, 1 tube set and 2 rectal catheters	**£82.15**	
	Navina Classic Control Unit		69013		**£62.86**	
	Navina Smart System		69009	Contains 1 control unit, 2 rectal catheters, 1 water container, 1 tube set, 1 accessory set, 1 Navina case	**£328.64**	
	Navina Consumable Set		69003	Contains 15 rectal catheters, 1 water container	**£142.32**	
	Navina Rectal Catheter Set		69840	Pack of 10 rectal catheters	**£89.66**	

	Other – maintain patients on the system but do not start new patients on them Patients transferred to Gloucestershire on a TAI system should be referred to the Bladder and Bowel Health Team for review.

ANAL PLUGS

Note: If considering using this product please discuss with the Continence Service first.

	ANAL PLUGS				
Picture	Company	Order codes	Size	Quantity	Drug Tariff Price
	Renew Medical	706FG731	Inserts Regular Inserts large	30	**£66.30**
	Wellspect Health care Navina faecal Incontinence Insert	6930400 6930500	Standard Large	30	**£83.83**

Nephrostomy Drainage System

Patients should be provided with these products by GHT who has been funded to supply them.

	Preferred products for prescribing in Gloucestershire					
Picture	Product	Manufacturer	Code	Unit	Price £ per unit	Information
	Nephrostomy Drainage System					
	Complete Nephrostomy Drainage System	Nephrostomy UK Ltd	4 Single bags NX1S	1	**£35.30**	Nexus drainage system Contains 560mls drainage bags, 2xsuspenders, 1xwaiste belt, 1xthigh strap
	Complete Nephrostomy Drainage System	Nephrostomy UK Ltd	2 bilateral bags NX2S	1	**£28.24**	Nexus drainage system Contains 560mls drainage bags, 2xsuspenders, 1xwaiste belt, 1xthigh strap

	Complete Nephrostomy Drainage System	Manfred Sauer UK	NephSys.02S Pip Code 305-1588	1	**£37.87**	Complete system: Adult belt (1500mm x 38mm) and 2 x suspenders, 4 x 500ml bags short 20cm inlet
	Complete Nephrostomy Drainage System	Manfred Sauer UK	NephSys.02L Pip Code 305-1562	1	**£37.87**	Complete system: Adult belt (1500mm x 38mm) and 2 x suspenders, 4 x 500ml bags long 30cm inlet

Component Parts of System

Small belt and suspenders	Manfred Sauer UK	NSBelt.01 Pip Code 305-1521	1	**£20.43**	Small belt (900mm x 38mm) and 2 suspenders. Order an extra belt with each system so the patient can wear them interchangeably and wash them between use.
Adult belt and suspenders	Manfred Sauer UK	NSBelt.02 Pip Code 305-1513	1	**£20.43**	
Manfred Sauer UK	Manfred Sauer UK	NS721.1720S Pip Code 305-1547	10	**£43.59**	10 x 500ml drainage bags short 20cm inlet
Manfred Sauer UK	Manfred Sauer UK	NS721.1730S Pip Code 305-1539	10	**£43.59**	10 x 500ml drainage bag long 30cm inlet
Manfred Sauer UK	Manfred Sauer UK	CS.TABS Pip Code 304-6570	10	**£2.44**	10 x Micro-hook self-adhesive tabs and 1 x dark green Velcro fabric tab. Used to reduce drag on inlet tubes

Assessment for Possible Urinary Catheterisation Think Alert! Before You Insert

Avoid Unnecessary Indwelling Urinary Catheterisation

Consider all other options (refer to flowchart and tick when performed)		Indications for catheter (please tick appropriate reason)	
A - Assessment A full assessment should include: previous urinary symptoms, drug history, bowels, PR and relevant co-morbidities	❑	A = Accurate urine output monitoring in critical illness	❑
L - Look At alternative methods of bladder management? Intermittent catheterisation, Urinary Sheath (Conveen), Incontinent Pads, PureWick	❑	L = Last resort for patients with urine incontinence – assist in healing of perineal or sacral wounds	❑
E - Evaluate These methods and consider how long the patient is likely to need the catheter for? Type of catheter required, urethral or suprapubic ?	❑	E = Empty the bladder for major Surgical procedures – intraoperatively & postoperatively	❑
R - Record And document discussion has taken place with patient, carer and/or multidisciplinary team where possible	❑	R = Retention - relief of acute (painful) or chronic (painless) urinary retention – following a bladder scan & documented residual of ..... mL	❑
T - Treat With a urinary catheter **Yes** complete Indications for catheter **No** complete Trust Continence Assessment and contact Continence Service	❑ ❑	T = Treatment of special circumstances for the improvement of comfort in palliative care discuss with patient, carer and multidisciplinary team where possible **Please commence Urinary Catheter Care Bundle**	❑
Signature		Print name	

Designation	Date	Time
	DD / MM / YYYY	00 : 00

TO BE FILED IN PATIENT'S MEDICAL NOTES

A
Accurate fluid measurement

Follow Sepsis Screening & action tool SEPSIS 6. Monitor urine output hourly.
May require catheter. Urinalysis send MSU/CSU

L
Last resort for incontinence/ preservation of skin integrity

No response to TV pathway consider the following: Refer to TVN – to consider catheterisation (add grade of wounds. Establish and assess the cause of incontinence using the Trust Continence Assessment and use products as indicated. Assess for faecal collection system Contact continence services if more help required.

R
Retention. Acute (painful)/ chronic (painless), Bladder scan and document

Intra- and Postoperatively
Patients who have had urological surgery or surgery of the genitourinary tract. Anticipated prolonged surgery. Patients anticipated to receive large volume infusions or diuretics during surgery. Need for intraoperative monitoring of urinary output. Those who are temporarily bedbound or immobile after major surgery or illness.
When mobile T.W.O.C.

T
Treatment/special circumstances for the improvment of comfort in palliative care. Discuss with patient, carer and MDT where possible.

Sudden painful inability to pass urine with palpable bladder
& bladder scan confirmed retention less than 1000ml

Catheterise. Once residual is fully drained (15-20mins), Measure and document residual. Start medication /T.W.O.C.

Large painless palpable bladder. +/- Overflow dribbling incontinence& constant back pain, bladder scan confirmed retention ">999ml"

Catheterise & document residual volume.
Take bloods for U&E, GFR.
Do not consider TWOC.
Refer to Urology and Continence Service