



Wishing everyone a very Happy New Year!

We have a jam-packed January, with Quality Improvement, Human Factors and Hot Debrief sessions, and a Graduation at the end of the month. If your

New Year's resolution is to start your GSQIA journey why not take a look at the training dates now?

- > [Bronze Level: Introduction to Quality Improvement](#)
- > [Silver: Quality Improvement in Action](#)
- > [Gold Level: Improvement Coach](#)
- > [Human Factors](#)
- > [Hot Debrief Training](#)

...we're looking forward to welcoming you along!



Next Silver Graduation – Thurs 29th January from 9am (REC)

Come along and find out what great projects have been undertaken. You're welcome to drop in for a little or as much as you like



What is a Hot Debrief?

A Hot Debrief can be thought of like a pit-stop. It is a quick catch up with the team after an event or incident has occurred which may have been distressing, or where there is an opportunity to learn. It is a structured conversation and asks, 'Is everyone okay?', followed by a **summary of what happened**, then 'what went well?', and 'what opportunities are there to improve?' (what can we learn from what happened?) and ensures leads are assigned to any actions that arise.

"An interactive, structured team dialogue that takes place either immediately or very shortly after a clinical event (within 48 hours)"

Kessler DO, Cheng A, Mullan PC

The training on how to do a Hot Debrief has recently moved under the Academy banner. It is a two hour session and dates are available throughout the year:

[Hot Debrief Training](#)



STOP for 5 minutes

Thank the team and ask "is everyone ok?"

If YES then continue as below and STATE FIRST:

- We are going to have a 5 minute team debrief
- The purpose is to improve quality of patient care; it is not a blaming session
- Your participation is welcomed but not compulsory
- All information discussed during this debrief is confidential. If there learning points or action points to take forward, these may be shared.

S Summarise the case

I want to start by summarising the case... Anyone want to add anything or does that feel okay?

T Things that went well

Lets look together at what went well here. Any thoughts on that?

O Opportunities to improve

What opportunities are there for us to improve next time?

P Points to action and responsibilities

What needs to be taken forward from this conversation and addressed? Who is going to do that?

Thank you all for coming. I will plan to follow up with you all in 5 days to see if a cold or psychological debrief is needed. I will be around for the next 5 minutes, if anyone needs to speak to me further or has specific questions.

Text taken from the original work of Walker, C.A., Morrison, L., Taylor, G., & Robinson, S. (2012). *Using a structured model for reconstruction cases in the emergency department and post-incident debriefing*. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3304829/>



Please contact Team GSQIA [via email](#), and visit the [GSQIA webpage](#)

to book training or find out more about the Academy



Scan for GSQIA website