

# Randomised Coffee Trials

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30 mins



Randomised coffee trials enable people to meet and connect with one another at random, giving them time to talk about whatever they wish, perhaps over a cup of coffee. Randomised coffee trials help to build relationships, improve communication, encourage collaboration, sharing knowledge and ideas.

**NHS**

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## Before the Session:

- Recruit senior leaders
- The co-ordinator can re-match pairs to ensure participants get to meet someone new
- Although usually used in a single organisation Randomised Coffee Trial can be run across organisations or professional groups
- You can give pairs questions to prompt conversation but there are no rules
- The co-ordinator may choose to arrange a time and a place for conversations to take place

1. The co-ordinator invites people to join the trial.
2. Randomly match people to pairs using a spreadsheet or online random group creator.
3. Tell people who they are paired with.
4. Give them 6–8 weeks to arrange to meet for 30 minutes. Ideally this would be face to face but it can be virtual over Skype or phone.
5. Send a reminder to ask people to meet and ask for feedback.
6. Share the success and ask the organisation if they want to do it again.