

# Topical antibacterial suppression

## Outpatient instructions

### Introduction

This leaflet provides information on how to use your topical antibacterial suppression before your cardiology procedure.

As with any invasive procedure, there is always the risk of developing an infection in the wound. We aim to put as many measures in place as possible to reduce this risk as much as we can. One of those measures is to ask you to use an antibacterial skin preparation before you have your procedure.

Depending on a number of factors you may be asked to use the pack for one or more days before your procedure.

### How to use the nasal ointment

- Please make sure you wash your hands before and after applying the ointment.
- Apply a pea-sized amount of the Mupirocin (Bactroban®) nasal ointment to the inside of your nostrils 3 times a day.
- Squeeze the nostrils gently to help absorb the ointment. You may be able to taste the ointment.

### How to use the antiseptic body and hair wash

- Put a small amount of the antiseptic body wash (Hibiscrub) onto wet skin using a clean cloth or wipe. If possible, try and leave the body wash on your skin for at least 3 minutes before rinsing off. This allows time for the antibacterial wash to work. The cloth should be thrown away after use.
- Wash your hair with the antiseptic body wash. If you wish you can wash your hair with your regular shampoo afterwards.

If you have been told to use the treatment for 5 days before the procedure you must wash your hair with the antiseptic twice within this period.

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Department

Cardiology

Review due

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**Patient  
Information****Further instructions**

If this is your first loop recorder, pacemaker or defibrillator – please use the nasal ointment and body wash the day before the procedure.

If you are having a pacemaker or defibrillator box change, or a repositioning of your pacemaker lead – please use nasal ointment and body wash for 3 days before the procedure.

If you are having your loop recorder removed, please use the nasal ointment and body wash the day before the procedure.

If you are MRSA positive or have a history of being MRSA positive – please use the nasal ointment and body wash for 5 days before and 5 days after the procedure.

If you have any questions, please contact the Arrhythmia Nurse Specialists.

**Contact information****Arrhythmia Nurse Specialists**

Gloucestershire Royal Hospital

Tel: 0300 422 8420

Monday to Friday, 9:00am to 4:00pm

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