Vitamin B12 Deficiency Treatment Guideline

Vitamin B12 preparations stocked at GHNHSFT:
- Oral:
  - Cyanocobalamin 50mcg tablets
  - Cyanocobalamin MR 1,000mcg tablets
- IM:
  - Hydroxocobalamin 1,000mcg injection

**Consider adding oral folate acid 5mg daily for 4 weeks at the same time as commencing B12 for patients with anaemia due to vitamin B12 deficiency to avoid inducing folate deficiency that may occur with the increased normoblastic red cell production that should follow after providing a source of the previously deficient vitamin B12.

**If oral maintenance fails, consider prescribing IM

Adapted from Gloucestershire CCG treatment algorithm on G-Care
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