

Gloucestershire
**Integrated Continence and Urology
Products Formulary (Adults)**

Updated 28/02/2024

Gloucestershire Integrated Continence and Urology Products Formulary (Adults)

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Summary of changes

21/10/22- Wording on single catheters page 8, code update on page 10 and 16.

26/06/2023- Dilators and alternative Female stress Incontinence added.

05/12/2023 New anal irrigation system added. Page 25. Advice of traffic light shading

Purpose of the formulary

This formulary has been prepared to give healthcare professionals across Gloucestershire NHS a workable list of appliances and devices for the management of bladder and bowel care. This formulary is to be used as a guide when selecting or prescribing these products for patients that has either a bladder or bowel problem. This Formulary provides guidance to prescribers and is not intended to restrict patient choice.

The Green Amber and Red shading of products is just a guide of cost, Green – most cost effective should be use as standard, Orange-slightly less cost effective. Red – only use with specialist guidance. (There are currently no red items in this formulary)

Principles of good practice

A comprehensive continence assessment is required before considering any continence appliance or device: the emphasis should be on appropriate treatment or management. Product selection should be made to meet the patient's needs on an individual basis as not all products are suitable for all.

Please **use the Formulary** for all assessments and reassessments. If an alternative product which is not on the Formulary is required, please call the Specialist Bladder & Bowel Health Team for advice.

A **clinical assessment Letter** must be completed and sent to the GP when requesting a script for a product off formulary.

Where non-formulary products are identified repeatedly, we can consider revising the formulary. Your feedback is important. Always follow manufacturer's guidelines when applying products.

A prescription of any continence appliance or device (NOT incontinence pads) is triggered by the patient contacting the Appliance Ordering Service (AOS) for a repeat prescription for their Community Pharmacy or by contacting a Dispensing Appliance Contractor (DAC) directly.

The DAC must first be provided with a prescription prior to ordering/supplying the patient. Quantity of appliances in this formulary is a guide only as each item is individual to the person's needs and usage will reflect this.

Correct prescribing practice

- ⌘ Always confirm with the patient what they already have in stock and what they actually need
- ⌘ Do not issue any post-dated prescriptions
- ⌘ Do not issue or add new continence/urology items to a patient's repeat prescription unless they have been initiated and approved by a qualified healthcare professional (e.g., a Bladder and Bowel Continence Nurse Specialist (CNS), a Urology Nurse Practitioner (UNP), an NHS commissioned community/district nurse providing the patient's care plan). Requests should adhere to the formulary unless there is written evidence of clinic letter in the patient's notes detailing the rationale for deviating from the formulary
- ⌘ Non-formulary - Any request for new items (formulary or non-formulary) directly from a DAC on behalf of the patient should be approved by the NHS employed or NHS commissioned healthcare professional responsible for the patient's care.
- ⌘ If you are concerned about the high quantities prescribed or an early prescription request please contact the healthcare professional responsible for the patient's care as this may indicate that the patient needs an Appliance Use Review (AUR)
- ⌘ Do not re-issue any missing prescriptions that have already been supplied to a dispensing appliance contractor (DAC) without investigating
- ⌘ Do not issue prescriptions more than 14 days before they are needed, except if the patient/carer states they need their prescription early for a valid reason (e.g., to cover a holiday) or the patient has been classed as a vulnerable patient
- ⌘ Do not issue higher quantities than those recommended in these guidelines, except on the documented advice of a qualified healthcare professional (e.g., a CNS, an NHS commissioned community/district nurse providing the patient's care plan)
- ⌘ If you are concerned about the high quantities prescribed or an early prescription request please contact the healthcare professional responsible for the patient's care as this may indicate that the patient needs an Appliance Use Review (AUR)
- ⌘ DACs must request a prescription before supplying the products. The only exception is in an emergency. In the event of an emergency a DAC representative, or an NHS employed or NHS commissioned nurse will contact the patient's practice directly, explain the reasons for the urgent prescription and gain authorisation from the prescriber at the relevant practice before placing the order at the DAC
- ⌘ DACs are contractually required to only supply appliances upon receipt of a valid prescription or an emergency request from a prescriber. A retrospective prescription, i.e., when a DAC dispatches an order before receiving a prescription, is incorrect practice. The prescriber is not legally or contractually obliged to supply a retrospective prescription.

- ⌘ One exception to this is when a DAC is requested by the specialist team to dispatch the order **for new patients** upon hospital discharge, prior to receiving a prescription for the stock. In these situations the stock supplied will supplement the 'hospital issued discharge stock' allowing time for a convenient patient follow up visit to occur. This is to allow a smooth discharge and to reduce patient 'supply anxiety' if there are delays in the discharge communication and initial repeat item setup at the practice. Once a patient is 'stabilised', the routine approach described above applies.

Contact details for the Gloucestershire Specialist Bladder and Bowel Health

Oakley, 2nd Floor Centre Block, Cheltenham General Hospital, Sandford Road, Cheltenham, GL53 7AN. Telephone: Helpline **0300 422 5306**

Email: ghn-tr.gloscontinenceservice@nhs.net

Indwelling Urinary Catheters

General Principles

- ⌘ Patient assessment, monitoring and ongoing support is essential to prevent Catheter Associated Urinary Tract Infections (CAUTI) and improve the quality of life for patients who have an indwelling urinary catheter.
- ⌘ The aim is to remove the indwelling catheter as soon as possible following insertion. A Trial Without Catheter (TWOC) date should be set when inserting the catheter and recorded in the catheter passport.
- ⌘ Catheters must only be used according to the manufacturer's instructions. Choice of catheter material will depend on patient assessment and reason for catheterisation i.e., anticipated duration of catheterisation.
- ⌘ What is Charriere Size? The Charriere (Ch) or French Gauge (Fg) is the outer circumference of the catheter in millimetres and is equivalent to three times the diameter.
- ⌘ Female - size 12Ch or 14Ch is suitable for the majority of female patients.
- ⌘ Male - size 14Ch or 16Ch for male patients. If however a size 14ch does not allow urinary outflow and blockage occurs, within six weeks of insertion (without evidence of encrustation) then a size16Ch should be used. If the size16ch does not drain then a Urology Advice and Guidance should be made.
- ⌘ Size 16Ch to 18Ch are usually used for **supra pubic catheterisation**.
- ⌘ A 10ml balloon represents the amount of sterile water required to fully inflate the catheter balloon. Inflate according to manufacturer's instructions. Under inflation can distort the angle of the catheter tip, causing bladder spasm. Larger balloons can cause irritation and/or leakage.
- ⌘ A catheter passport **MUST** be completed for all patients with an indwelling urinary catheter. All patients should have a completed catheter passport. The catheter passport is a shared patient/healthcare professional document describing how to care for an indwelling urinary catheter and should be kept up to date following every contact.
- ⌘ **If on-going problems e.g., frequent re-catheterisations, bypassing, frequent blocking, please contact the Gloucestershire Specialist Bladder & Bowel Health Team for advice and Guidance.**

The Comprehensive Catheterisation Tray

- ⌘ A high number of Catheter Associated Urinary Tract Infections (**CAUTI**) are linked to the insertion of an indwelling urinary catheter.
- ⌘ Using a catheterisation pack and Aseptic Non-Touch Technique (**ANTT**) reduces the risk of catheter associated urinary tract infections (**CAUTI**).
- ⌘ Before inserting a new catheter always consider if it is required – see Assessment for Possible Urinary Catheterisation “**Think Alert! Before You Insert**” promoting appropriate urinary catheter [click here](#).
- ⌘ Promotes and standardises “Best Practice” supporting policy compliance and effective clinical outcomes.
- ⌘ Ensures the use of correct equipment required for catheterisation.
- ⌘ Improves the essential cost with efficient catheterisation as supplied-all in one pack/system reducing nursing time and is easier to use.
- ⌘ See Epic3 Guidelines: <https://improvement.nhs.uk/resources/epic3-guidelines-preventing-healthcare-associated-infections/>
- ⌘ Bard Foley Comprehensive Tray or Ugo Box is the cost-effective option when the catheter and leg bag in the tray is used.
- ⌘ If however when the catheter and drainage bag are going to be discarded and replaced with alternative products please select the Cath-it, (Catheter Insertion/Removal Pack) that requires individual prescribed items.

Comprehensive Catheterisation trays							
PLEASE ENSURE CORRECT SIZES ARE USED: MALE=14-16Ch FEMALE=12-14 Ch SUPRA PUBIC=16-18Ch							
Product				Unit	Price	Information	
Name	S/F/M	Sizes	Manufacturer & Code				
Optimum medical The Ugo Box	standard	12Ch	short tube 3459	Long tube 3453	1	£16.22	Catheterisation pack includes; 20mls of saline, 10ml syringe, Ugo foley silicone catheter ,10ml sterile water syringe, syringe Opti lube, 500ml leg bag, ugo fixation and leg straps, apron, gloves everything needed for catheterisation
		14CH	3460	3454			
		16Ch	3461	3455			

Bard Foley Comprehensive Tray-BIOCATH Hydrogel coated Latex) pre-connected to 500ml leg bag Best practice	Standard	12-16 Ch	D22655S/L Glove size S,M,L	1	£17.59	Includes everything for a safe catheterisation - pre –connected Foley catheter, in active lubricant gel, 500ml leg bag (short or long tube), StatLock catheter fixation device, syringes x3 with sterile water , apron, gloves x2 pairs (NOTE : gel does not contain local anaesthetic)
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Comprehensive tray with a catheter (for patients with a latex allergy)						
Bard Foley Comprehensive Tray-BIOCATH (LUBRI-SIL® Hydrogel coated Silicone) pre-connected to 500ml leg bag Best Practice	Standard	12-16 Ch	D17585S/L Glove size S,M,L	1	£18.57	All silicone catheter – should be used if the patient is allergic to latex.

Indwelling catheters for long term (up to 12 weeks) use

Key points:

- ⌘ Can be used for up to 12 weeks
- ⌘ Catheters listed are licensed for urethral and suprapubic use
- ⌘ All new catheters should be standard length catheters to prevent a female catheter being inserted inadvertently into a male patients
- ⌘ Catheters listed are single packed units. Use a community catheter pack when inserting or removing a catheter
- ⌘ If a catheter is being used less than 4 weeks i.e. requiring frequent catheter changes consider:
 - Hydration and monitor fluid intake consider using a drinks tracker
 - Using a short-term catheter and refer to Specialist Bladder & Bowel Health Team helpline for advice
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Single Catheters						
Product			Manufacturer & Code (Varies according to size)	Unit	Price £ per unit	Information
Name	S/F/M	Sizes				

BIOCATH Aquamatic Hydrogel coated Latex	Standard (Male also for females)	12-16Ch	Bard D2264 12-16	1	£8.88	Can remain in situ for up to 12 weeks (4-5 catheters required per year)
Proslys All Silicone	Standard	12-18Ch	CliniSupplies	1	£5.79	All Silicone Foley catheter 10ml balloon
	(Male also for females)		PCF12M10-PCF18M10		£5.79	
LUBRI-SIL® - Hydrogel coated All-Silicone	Standard	12-18Ch	Bard D1758 12-18E	1	£9.87	The BARD® LUBRI-SIL© Foley catheter is a 100% latex free silicone catheter. 10ml balloon Can remain in situ for up to 12 weeks
	(Male also for females)					

Open ended catheter

An open-ended catheter is an alternative for a patient experiencing problems with repeated blockage and bypassing. There is no tip to the end of the catheter. Please contact the Bladder * Bowel Service helpline for advice.

Folysil®-X-Tra Straight open ended catheter male	Standard (Male also for females)	12-18Ch	Coloplast AA8C12-AA8C18	1	£6.80	Silicone catheter 10ml balloon
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Community Catheterisation Pack (Cath-it) does not contain a catheter or drainage bag and other items

Catheter Insertion/Removal Pack

No catheter, catheter lubricant, no meatal cleaning saline, no syringe or sterile water for balloon, no drainage bag or catheter fixation in this pack.

Name	Sizes	Manufacturer & Code	Unit	Cost	Information
Richardson Healthcare Catheter Insertion / removal pack	Small / Medium Small gloves	908410	1	£1.98	The pack has two separately sealed layers. The first section is for removing an existing catheter and the second for inserting a new catheter.

Richardson Healthcare Catheter Insertion / removal pack	Medium / large Medium Gloves	908420	1	£1.98	
Richardson Healthcare Catheter Insertion / removal pack	Large / Xlarge	908430	1	£1.98	
Catheter Removal Pack for TWOC's only					
Name	Sizes	Manufacturer & Code	Unit	Cost	Information
Richardson Healthcare Catheter removal pack	Medium gloves	908422	Case of 48	1 = £0.50	Sterile pack containing gloves, syringe, disposal bag, drape, swabs & apron. Available through NHS supply chain NHSSC Code is EHC529 @ £0.56 including vat/delivery.

Catheterisation Lubricant

Catheterisation lubricant is used to:


- ⌘ Reduce injury to the urothelium & subsequent risk of urethra trauma/damage.
- ⌘ Facilitate pain free insertion. Possibly reduce risk of associated infection.

Inserted doses:

- ⌘ If licensed for suprapubic catheter changes and appropriate recommend use of 6ml size.

Please note some lubricating gels are classified as “medicines” so Dispensing Appliances Companies (DAC) would not be able to dispense them. They should be ordered through a community pharmacy.

Catheterisation Lubricants					
Lubricant without Lignocaine or Chlorhexidine					
Lubricant	Lignocaine	Chlorhexidine*	Code	Normal usage	Price £ per unit

OptiLube Sterile Lubricating Jelly. Contains no active ingredients. Syringes 11ml syringe	No	No	1126	1 syringe for every catheter supplied	£0.98
Lubricant 2% Lignocaine and CHG Free					
OptiLube Active (CHG free)11ml	Yes	No	1168	1 syringe for every catheter supplied	£1.16
Local anaesthetic Lignocaine 2% and chlorhexidine Gluconate 0.05%					
Lubricant	Lignocaine	Chlorhexidine*	Code	Normal usage	Price £ per unit
Instillagel 11ml Syringe	Yes	Lubricant with Local anaesthetic Lignocaine 2% and chlorhexidine Gluconate 0.05%		1 syringe for every catheter supplied	£1.10
 Medical Devices Agency (MDA) Alert October 2012 warns products containing Chlorhexidine have a risk of anaphylactic reaction					

Catheter Drainage- Leg Bag

General Principles:

- ⌘ A sterile drainage bag should always be used for the collection of urine from indwelling urinary catheters.
- ⌘ Leg bags should be changed every 5-7 days; however a pre-connected bag can remain connected for 14 days (manufacture recommendation).
- ⌘ Maintaining a closed system reduces the risk of infection. The leg bag **MUST** not be removed when attaching a night drainage bag. This “link” system allows for extra drainage capacity overnight.
- ⌘ Non-Sterile drainage bags can be used with penile sheaths only.

- ⌘ Drainage bags can be worn in different positions on the leg, thigh, knee & calf depending on patient preference. The position will determine the length of the inlet tube (i.e.: direct, short tube 10cm, 30cm long tube).
- ⌘ Leg bags must be secured to the leg. They can be attached using latex free, washable elastic Velcro straps with non-slip backing (usually packed with the leg bag) or leg bag holder/supports.
- ⌘ 500ml is the most common size used.
- ⌘ No more than 6 boxes of 10 bags should be issued per year.

Catheter Drainage Leg Bag						
Product	Bag Volume	Tube Length Tap	Manufacturer & Code	Unit	Price £ per unit	Information
Spirit Leg Bags	500ml	Short Tube (10cm or 30cm) Lever Tap	DSL500 S or L	10	£24.46	Spirit Leg Bags sterile with lever tap, 1 pair of sterile latex free gloves and 1 pair of soft elasticated straps.
Spirit Leg Bags	750ml	Short Tube (10cm or 30mls) Lever Tap	DSL750 S or L	10	£24.46	Spirit Leg Bags sterile with lever tap, 1 pair of sterile latex free gloves and 1 pair of soft elasticated straps.
	750ml	Variable (60cm) Lever Tap	DSL750V	10	£24.46	ONLY USE WITH A SHEATH NEVER USE WITH A CATHETER
Ugo Leg Bag	500mls	Short and long tube Lever Tap	1C/500/ST/L 2C/500/LT/L	10	£24.84	Fabric backing and 1 pair of Leg bag straps in every box
Ugo Leg Bag	750mls	Short and long tube Lever Tap	Optimum Medical 7C/750/ST/L 8C/750/LT/ L	10	£24.84	Fabric backing and 1 pair of Leg bag straps in every box
Ugo Leg Bags	350mls	Direct inlet Lever Tap	5C/350/DI/L	10	£24.84	Fabric backing and 1 pair of Leg bag straps in every box
Prosys Leg Bags	500ml	Short Tube (10cm) Lever Tap	CliniSupplies PH500S-LT	10	£26.15	Prosys Sterile leg Bags with tap. Containing 1 pair of non-latex gloves and soft elasticated cotton Velcro straps per box of 10
	500ml	Long Tube (30cm) Lever Tap,	CliniSupplies PH500L-LT	10	£26.15	
	500ml	Short Tube (10cm) Slide Tap	CliniSupplies P500S	10	£26.15	
	500ml	Long Tube (30cm) Slide Tap	CliniSupplies P500L	10	£26.15	
	750ml	Short Tube (10cm) Slide Tap	CliniSupplies P750S	10	£26.15	
	750ml	Long Tube (30cm) Slide Tap	CliniSupplies P750L	10	£26.15	

Night bags - Single Use Disposable (Non-Sterile)

Key points:

- ⌘ **Single use** for connection to leg bags or catheter valves to maintain a closed circuit thereby reduces the risk of infection (CAUTI).
- ⌘ The position of the bag should be below the bladder to promote drainage.
- ⌘ Night drainage bags should be on a catheter bag stand. Drainage bags need to be supported on a stand to avoid the creation of negative pressure at 30cms below the bladder. If pressure is allowed to build it can cause catheter blockage from suction on the bladder mucosa.
- ⌘ Catheter stands are available free of charge from most DACs - Bard= Script Easy, Optimum Medica =Vyne, I and CliniSupplies, Clini Direct.
- ⌘ **Nursing and Residential Care Homes must use a single use non-drainable night bag attached to a leg bag or catheter valve to reduce the risk of infection, unless the patient is bed bound when a drainable sterile night bag is acceptable.**

Night Bag Single Use Disposable (Non sterile)						
Product Name	Bag Volume	Tube Length	Manufacturer & Code	Unit	Price £ per unit (10)	Information
ProSys	2 litres	100cm	CliniSupplies P2	10 per box	£2.18	Use once only Prosys Non Sterile 2 litre night bag with 90cm inlet tube and non-return valve
Uriplan	2 litres	90cm inlet tube	D8420	10 Per box	£2.84	Uriplan collection bag, 2 litre with 90cm inlet tube and non-return valve
UGO 9	2 litres	90cm inlet tube	Optimum medical 9/NS/SU/DO	10 per box	£2.21	Ugo non sterile 2l Bag single use with tear to drainage

Night bag - Drainable

Key points:

- ⌘ Used for catheters on free-drainage and should be changed every 5-7 days. Disconnection to be avoided as it breaks the sterile closed system increasing the risk of infection
- ⌘ No more than 6 boxes of 10 bags should be issued per year

⌘ For bedbound patients it may be appropriate for a sterile 2 litre drainage bag to be connected directly to the catheter

Night Bags Drainable						
Product Name	Bag Volume	Tube Length	Manufacturer & Code	Unit	Price £ per unit (10)	Information
Spirit Night Bags	2 litres	120cm Lever Tap	DSBB2000	10 per box	£11.21	Supplied with 1 pair of latex free sterile gloves. Has needle free sample port.
ProSys Night Bags	2 litres	90cm slide outlet tap	CliniSupplies P2000 ST	10 per box	£12.17	Supplied with 1 pair of latex free sterile gloves. Has needle free sample port.
	2 litres	90cm lever outlet tap	CliniSupplies P2000-LT	10 per box	£12.17	Supplied with 1 pair of latex free sterile gloves. Has needle free sample port.
UGO 2 Litre Drainage bag	2 litres	lever tap drainage	Optimum medical 12/S/D/L	10 per box	£12.42	Sterile 2 litre bag, needle free sample port with 90cm inlet tubing

Care Home Box - 4 Weekly essential catheter supplies

Everything needed for one month's supply of Catheter accessories, single use night bags to comply with infection control recommendations.						
Ugo 4 weekly Box	Optimum medical	Ugo 4 weeks 1C Short tube 2C Long tube	3014 3015		£30.52	4xUgo leg bags, 28 single use night bags, 1x hanger, 4x gentle fix, 4 pairs of leg bags and straps, pt. and carer user guide

Belly Bag

Each bag comprises a drainage bag and is worn around the waist. Urine is drained into the bag by means of residual bladder pressure. The bag should be changed every 28 days.

Belly Bag						
Product Name	Bag Volume	Tube Length	Manufacturer & Code	Unit	Price £ per unit	Information
Teleflex Rusch - Standard Belly Bag Collection Device with twist drain	1000mls		Teleflex / Rusch B1000	1	£10.89	Each bag may be used for up to 30 days. Sterile 2 litre night bag with 90cm inlet tube and non-return valve
Teleflex Rusch Belly Bag with extended drainage tubing	1000mls		Teleflex / Rusch B1000CT	1	£10.89	
Standard Belly Bag Collection Device with twist drain and sample port	1000mls		Teleflex /Rusch B1000P	1	£10.89	

Catheter fixation devices (securement)

These are an alternative to the catheter retaining straps supplied with the leg bag. Retaining straps are used to secure the tubing or catheter firmly and comfortably against the leg acting as a shock absorber for all indwelling catheters.

Catheter Stabilisation Devices						
Product Name	Bag Volume	Length of time it can remain in use	Manufacturer & Code	Unit	Price £ per unit (10)	Information
The adhesive allows one clip (StatLock & Ugo Fix Gentle) to remain in place for 7 days. All catheter stabilisation devices should be alternated between sites daily.						
Ugo Fix Gentle	Disposable	Up to 7 days	Optimum Medical 3004	5	£12.69	Silicone covered so gentle on fragile skin. The device can be used for 7 days and transferred between sites.
StatLock-Foley	Disposable	Up to 7 days	Bard FOL0102DT	1	£13.15	For use with all silicone & Latex Foley Catheters

Catheter Straps: Catheter straps promote alternating daily securement preventing skin damage.

Ugo fix leg bag straps	Washable	Should top up straps that come with leg bags 1—2 boxes per year	Optimum Medical 400-8538 /3011	10 pairs	£13.79	10 x One 75cm and one 45cm strap
Prosys catheter fixation Strap	Washable	Life of a catheter strap approx. 1 month. Wash each time leg bag changed	CliniSupplies Short PCS40 Adult PCS50 Abdominal PCS85	5 pack	£12.52 £12.73 £14.05	Silicone clasp and “hook and loop” closure. An option for patients with fragile skin.

Product Name			Manufacturer & Code	Unit	Price £ per unit (10)	Information
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Sleeves; to be used as an alternative to leg bag straps whenever possible

Ugo Fix Sleeve Small (24-39cm)	Washable	Supply a minimum of 2 sleeves. The life of a sleeve is approx. 1 month. It needs to be changed and washed each time the leg bag is changed.	Optimum Medical 3005	Box of 4	£7.48	The catheter sleeve ensures even pressure across the leg. They can be worn on the thigh or calf. Ladies who wear skirts often prefer a sleeve on their thigh.
Ugo Fix Sleeve Medium (36-55cm)	Washable		Optimum Medical 3006	Box of 4	£7.48	
Ugo Fix Sleeve Large (40-70cm)	Washable		Optimum Medical 3007	Box of 4	£7.48	
Ugo Fix Sleeve Extra Large (65-90cm)	Washable		Optimum Medical 3008	Box of 4	£7.48	
Prosys Leg Bag Sleeve Small (24-40cm)	Washable		CliniSupplies 3824711	4 sleeves / pack	£7.70 (1 = 1.92)	
Prosys Leg Bag Sleeve Medium (36-50cm)	Washable		CliniSupplies 3824729	4 sleeves / pack	£7.70 (1 = 1.92)	
Prosys Leg Bag Sleeve Large (40-65cm)	Washable		CliniSupplies 3824737	4 sleeves / pack	£7.70 (1 = 1.92)	

Catheter Valves

- ⌘ For use with indwelling catheters only
- ⌘ Their use helps to imitate normal bladder function, allowing the bladder to maintain normal capacity
- ⌘ Valves should be changed every 5-7 days- no more than 5 prescribed each month.
- ⌘ They decrease the risk of bladder wall erosion & trauma to bladder neck as they allow the catheter balloon to be lifted from the bladder wall.

Catheter Valves						
Product Name	Disposable or Re-usable	Recommended Duration	Manufacturer & Code	Unit	Price £ per unit	Information
Prosys Catheter Valve	Disposable	Change every 5-7 days	CliniSupplies 386-3800	5	£9.75	Usual requirement pack of 5 per month
Ugo Catheter Valve	Disposable	Change every 5-7 days	Optimum Medical 3000	5	£10.96	
Flip-Flo Catheter Valve	Disposable	Change every 5-7 days	Bard BFF5	5	£13.63	

Catheter Irrigation Solution



Contact the Gloucestershire Specialist Bladder and Bowel Health Team (Tel: 0300 422 5306) for Advice and guidance

Key points:

- ⌘ Catheter Irrigation solution should be used as part of a treatment plan and NOT routine for every patient.
- ⌘ The solution should only be used following a patient assessment by a Registered Health Care professional who will arrange authorisation & prescription
- ⌘ They should only be considered for short term use to try to reduce catheter blockage due to encrustation of indwelling catheters or to dissolve crystal formation prior to removal of a catheter to prevent urethral trauma
- ⌘ These preparations should only be prescribed for 4 weeks then reviewed
- ⌘ They are not to be used routinely or to attempt to unblock a non-draining catheter
- ⌘ Studies have shown that two sequentially solutions are far more effective than either a single solution 50ml or 100ml.

Types of solutions

Sodium chloride (S) Sodium chloride may be helpful for removing blood clots, mucus and any other mechanical blockages.

Citric acid 3.23% (G) will dissolve encrustation. It is recommended that two instillations should be used sequentially. The agitation property of this product should be used with care.

Citric acid 6% (R) will dissolve crystals and is twice the strength of the G solutions. It is recommended that two instillations should be used sequentially. The agitation property of this product should be used with care.

Catheters Irrigation Solution					
Product Name	Active ingredient	Pack size	Manufacturer & Code	Price £ per unit	Information Use once only
Uro-Tainer Suby G	Citric Acid 3.23%	2x30mls	B Braun 9746609	£4.94	Will dissolve encrustation, use with care
Uro-Tainer Solution R	Citric Acid 6%	2x30mls	B Braun 9746625	£4.94	Will dissolve crystals and is twice the strength of the G solutions. Should be used with care.
OptiFlo S		50ml	Bard CSS50	£3.49	Sodium Chloride may be helpful for removing blood clots mucus and any other mechanical blockages Not to be used for encrustation
OptiFlo S		100ml	Bard CSS100	£3.49	Sodium Chloride may be helpful for removing blood clots mucus and any other mechanical blockages Not to be used for encrustation
OptiFlo G (Suby G solution)	Citric Acid 3.23%	50ml	Bard CSG50	£3.70	Will dissolve encrustation, use agitation with care
OptiFlo R (solution R)	Citric Acid 6%	50ml	Bard CSR50	£3.70	Will dissolve crystals and is twice the strength of the G solutions. Agitation should be used with care.

Intermittent Self Catheterisation (Single use)

Key points:

These are suitable for patients with incomplete bladder emptying e.g. neurogenic bladder disorders, particularly patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.

- ⌘ Patients need good dexterity and cognitive ability
- ⌘ Helps to reduce urinary infection risks
- ⌘ How many a patient uses a day depends on their medical / clinical reason for ISC ranging from 1-6 times / day

Normal usage: usually 1-6 boxes of 30 a month, depending on the medical condition.

If ordering more than 6 boxes per 30 a month, seek advice from the Gloucestershire Specialist Bladder & Bowel Health Team or Urology Practitioners.

Intermittent Self Catheterisation Catheters						
Product			Manufacturer & Code (Varies according to size)	Unit	Price £ per unit	Information
Name	S/F/M	Sizes				
Prosys SensaCath	Male/Standard	40cm length	CliniSupplies Ch12 = 409-0445 Ch14 = 409-0452 Ch16 = 409-0429 Ch18 = 409-0460	Box of 30	£37.50	An “at home” catheter. May need to be used in combination with another product which the patient uses when away from home.
	Female	20cm length	CliniSupplies Ch10 = 409-0478 Ch12 = 409-0486 Ch14 = 109-0494 Ch16 = 409-0502	Box of 30	£37.50	
LoFric Sense	Female	Ch 10-16	4161025 4161225 1461425 4161625		£48.65	Sterile Polyvinyl low friction catheter in Saline with easy-grip handle.
LoFric Origo	Male	Ch 10-18	4431025-4431825		£52.61	Sterile Polyvinyl low friction catheter in Saline with easy-grip handle.
LoFric Elle	Female	Ch 10-14	4181025-4181425	30	£57.00	
HydroSil Go All Silicone	Male	Ch10-16	71810-71816		£52.06	
	Female	Ch10-16			£48.19	
Actreen Mini	Female	Ch 10-14	228010E – 228014E	30	45.16	Pre lubricated with glycerine

Wycath H20 Hydrophilic Tapered Tip	Male	Ch 12-18	W2TAM12-18	30	£43.50	
Wycath H20 Hydrophilic Soft Tip	Male	Ch12-18	W2M12-18	30	£45.30	
SpeediCath Compact	Male	12/18 (one size)	Coloplast 28692	30	£55.56	
	Female	10-14	28579 – 28814	30	£48.05	
SpeediCath Compact	Female	Ch 10-14	Coloplast 2881028114	30	£49.93	Small discreet catheter ready to use.
SpeediCath Compact Plus	Female	Ch 10-14	28810-28814	30	£51.31	2cm longer than speediCath Compact
Speedicath Eve	Female	Ch 10-14	Coloplast 2811028114	30	£51.84	
Speedicath Flex pocket size	Male	Ch10-14	Coloplast 2891028914	30	£54.86	
Manfred Sauer UK Ltd iQ Cath Hydrophilic with integrated saline sachet	Male	Ch10-14	Q2104.10IQ2104.18	30	£47.58	
Manfred Sauer UK Ltd iQ Cath Integral Gel Sachet	Male	Ch 10-18	Manfred Sauer UK Ltd IQ3104.10IQ3104	30	£47.96	With Gel
IQ Cath – 7591PPA	Male	Ch 10-18	Manfred Sauer UK Ltd IQ3604 10IQ3604	30	£77.36	
Hollister Infyna Chic Hydrophilic Intermittent Catheter	Female	Ch 10-14	7008-7014	30	£50.95	
ValPro Plus Pocket	Male 40cm	Ch 8-16	71084-71164	30	£92.51	With a drainage bag

	Female 20cm (Ch 8-14)	Ch 8-14	71082-71142	30	£92.51	Without drainage bag
Valpro Pocket	Male	Ch 10-16	70104-70164	30	£54.81	
	Female	Ch 10-14	70102-70142	30	£54.69	

Intermittent Self dilatation –FOR SPECIALISED USE ONLY

A urethral stricture is a narrowing of the urethra often caused by injury or disease. A urologist may suggest urethral dilatation is used to keep the stricture from recurring and to maintain the urethral opening. For UNP use only.

Please contact a Urology Nurse Practitioner (UNP) or the Gloucestershire Specialist Bladder and Bowel Health Team for advice.

Hunter Dilation Catheters Aloe Meatal +	10-12-14-16-18Ch	30pack ALOEMPS 10-12-14-16-18	£42.78	For Dilatation only
Teleflex Liquick Plus X-treme Plus	MALE 12Ch-16Ch	852822-000120-000140	£88.50	For Dilatation only
	FEMALE 12Ch-14Ch	852842-000120-000160		
Coloplast Speedicath Flex	16Ch	20 pack 28916	£52.17	For dilatation and ISC

Urinary (Penile) Sheaths

These can offer a valuable alternative method of management for urinary incontinence in men. Sheaths are available with and without fixing devices which may be applied externally. It is important to accurately assess for the type and size of sheath using the specific manufacturers measuring device. It is recommended that sheaths are changed on a daily basis.

Adhesive removers and barrier products are not normally recommended with sheaths. Adhesive residue can be washed away with warm soapy water and barrier creams may interfere with adhesion. Over ordering more than one box of 30 per month may indicate poor fit, if a patient is experiencing any other problems refer to the continence service for advice.

Urinary Sheaths

Urinary Sheaths	Code	Size	Unit	Price £ per unit	Information
UGO (optimum medical) Self-adhesive (pop on) silicone sheath	4305/413- 4169	25mm	Pack of 28	£47.17	4 x7 day organised box pack. Pack of 28 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack.
	3107/413-4177	28mm			
	3108/413-4185	30mm			
	3109/413-4193	36mm			
	3110/413-4201	38mm			
	3111/413-4219	40mm			
Prosys Flofit (CliniSupplies) Self-adhesive (pop on) silicone sheath	PSS24POPON/B	24mm	Pack of 30	£46.70	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Available on NHS Supply Chain
	PSS28POPON/B	28mm			
	PSS31POPON/B	31mm			
	PSS35POPON/B	35mm			
	PSS40POPON/B	40mm			
UltraFlex Clear Silicone Sheath (Self-adhesive) (BD/Bard Medical)	33301	Small	Pack of 30	£50.06	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Not available on NHS Supply Chain
	33302	Medium			
	33303	Intermediate			
	33304	Large			
	33305	X Large			
Clear Advantage Spirit, Style 1 Standard (BD/Bard Medical)	5243	24mm	Pack of 30	£52.45	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Available on NHS Supply Chain
	5283	28mm			
	5323	32mm			
	5363	36mm			
	5403	40mm			
Clear Advantage Spirit,	7243	24mm	Pack of 30	£52.45	

Style 2 Pop on (BD/Bard Medical)	7283	28mm			Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. The most frequently used style in the Clear Advantage range. Changed daily Available on NHS Supply Chain
	7323	32mm			
	7363	36mm			
	7403	40mm			
Clear Advantage Spirit, Style 3 Wide band BD/Bard Medical)	9243	24mm	Pack of 30	£52.45	Pack of 30 protectors (prevent hair becoming trapped under sheath) supplied as a complimentary item with pack. Changed daily Available on NHS Supply Chain
	9283	28mm			
	9323	32mm			
	9363	36mm			
	9403	40mm			

Sheath prep wipe s

Product	Manufacturer	Size	Price	Information
Sheath Velcro Foam Strap	Jade-Euro-Med Ltd	10 per box Order code M450	£13.35	One needed per sheath
Conveen prep wipes	Coloplast	Sheath prep wipes Box of 54 £10.81	£10.81	These are not required for every patient. Most patients will find washing with soapy water and drying well with a towel is adequate skin preparation. However if the patient has an oily skin or struggles to get the condom to fix a sheath prep wipe may be helpful. Contains alcohol. Use the wipe at each sheath change, every 24 hours. 2 boxes every 3/12.

Adhesive Removers

(Not needed for everyone use soap & water first)

Product	Manufacturer	Size	Price	Information
Lifteez Adhesive Remover – Non Sting Aerosol	Medicare plus	50ml	£5.60	Quick drying spray which does not leave residue.
Lifteez Remover Wipes	Medicare plus	Box of 30	£8.50	

Male urinal systems On Specialist Advice only					
Product	Manufacturer	Order code	quantity	price	Information
Beambridge Urinal Bottle with Tap	Beambridge Ltd	6-BBT	1	£15.00	1 every 6 months
Adult Male urinal with pubic pressure ring Diaphragm and rubber under straps	Jade-Euro-Med Ltd	Fig 101	1	£71.76	2 every 3 months for retracted penis
Urinal plastic bags for fig 101	Jade-Euro-Med Ltd	OLBWT – L	5	£17.88	
Male Jockey appliance with Bag.	Jade-Euro-Med Ltd	M200	1	£70.97	2 every 6 months for a retracted penis
Replacement belt for above.	Jade-Euro-Med Ltd	JB/200	1	£13.94	3 per year
Retracted penis pouch with Flexend skin barrier	Hollister Ltd	9873	10	£31.56	1 per day
Bioderm Sheath	iMWDicare	20026-4	4	£35.15	

Urinals and Vernagel for Urinals

⌘ These may be used for patients who have functional incontinence.

⌘ These should be used as part of their treatment or management plan

There is a wide range of products available on FP10 for further advice and support contact the Gloucestershire Specialist Bladder & Bowel Health Team.

Insert for Female Stress Incontinence

Insert for Female Stress Incontinence					
Product	Manufacturer	Code	Unit	Price £ per unit	Information
Starter Pack It is recommended that these are fitted with the advice of a specialist practitioner	Contiform	SKU 184	1	£50.24	

Replacement Pack Small	Contiform	SKU16134	1	£25.95	
Replacement Pack Medium	Contiform	SKU16227	1	£25.95	
Replacement Pack Large	Contiform	SKU16270	1	£25.95	
Efemia Starter set	iMEDicare Ltd Efemia	110505	1	£50.22	
Small 30mm	Efemia	110102	1	£45.09	
Medium 35mm	Efemia	110202	1	£45.09	
Large 40mm	Efemia	110302	1	£45.09	

Vaginal Moisturiser Gels

Hormone free vaginal moisturising gel provides relief from symptoms of vaginal atrophy, dryness, itching, irritation and where applicable, painful intercourse.

Insert for Female Stress Incontinence					
Product	Manufacturer	Code	Unit	Price £ per unit	Information
Hyalofemme			30g Tube	£4.63	
Sylk Vaginal Moisturiser			40g Tube	£5.16	
Replacement Pack Medium			3 dose pack	£3.65	
			6 dose pack	£6.06	
			12 dose pack	£11.64	
			35g Tube	£6.06	

Trans Anal Irrigation (TAI)

Key points:

- ⌘ **For advice contact the Gloucestershire Specialist Bladder and Bowel Health Team.**
- ⌘ **New patients should have an assessment and product recommendation from the Gloucestershire Specialist Bladder and Bowel Health Service before they are commenced on the below products.**
- ⌘ The Gloucestershire Specialist Bladder and Bowel Health Team have a list of patients using TAI and the products they require. Contact them if you are unsure of the products to order for a patient.
- ⌘ Trans Anal Irrigation should only be tried if other less invasive methods of bowel management have failed to adequately control constipation and / or faecal incontinence.
- ⌘ A full continence assessment should be completed prior to considering Trans Anal Irrigation ensuring there are no contra-indications.

Preferred Anal Irrigation products for prescribing in Gloucestershire

Product	Manufacturer	Code	Unit	Price £ per unit	Information
Navina Mini Set	Navina	6930700	1 water container, 30 rectal cones	£199.00	One order every 2 months
Navina Mini Extension Set	Navina	6930800	1 water container, 30 rectal cones, 1 extension tube	£199.00	One order every two months
Navina Mini Refill	Navina	6930900	Refill Set 30 rectal cones	£150.00	One order every two months
Qufora IrriSedo MiniGo System		417-5576/QMGO	Contains 1x soft pump, 30 x cone	£195.00	MacGregor Healthcare Ltd Available as 12mm, 21mm, 30mm
Qufora-IrriSedo MiniGo Flex system		417-5584 QMGOFLEX	Contains 1x soft pump, 30 x cone flex	£225.00	
Qufora-IrriSedo Cone System (includes water bag with pump & 15 cones)		QTM	Contains 1 pump, 1 water bag, 5 hydrophilic coated cones, 5 waste bags and 1 toilet bag	£105.48	
Accessory Set for the above		52601-015	Contains 15 hydrophilic cones	£61.22	
Qufora-Irrisedo Klick Catheter Set		QKCATH	15 catheters, 1Klick tube, 1 water bag, 1 soft bag	£135.28	MacGregor Healthcare Ltd
Qufora-Irrisedo Klick Control Unit		QKCONTROL	1 Control Unit, with pump and 1Leg strap	£51.11	MacGregor Healthcare Ltd
Qufora-Irrisedo klick Starter Kit		QKSTART	5 catheter, 1 Klick Tube, 1 Control Unit, 1 Water Bag, 1 leg Strap, 1 Hook, 1 Toilet bag	£89.09	MacGregor Healthcare Ltd
Peristeen Plus System	Regular	29141	Includes 1 control unit, 2 rectal catheters, 1 water bag and 2 straps	£79.45	Coloplast

Peristeen Plus Accessory Unit	Regular	29142	Contains 15 rectal catheters and 1 water bag	£138.47	Coloplast
Navina Classic System		69005	Includes 1 control unit, 1 water container, 1 tube set, 2 rectal catheters, 1 accessory set and 1 case	£76.84	
Navina refill		69006	Contains 1 Classic control unit, 1 water container, 1 tube set and 2 rectal catheters	£76.84	
Navina Classic Control Unit		69013		£58.80	
Navina Smart System		69009	Contains 1 control unit, 2 rectal catheters, 1 water container, 1 tube set, 1 accessory set, 1 Navina case	£307.36	
Navina Consumable Set		69003	Contains 15 rectal catheters, 1 water container	£133.11	
Navina Rectal Catheter Set		69840	Pack of 10 rectal catheters	£83.86	

Other – maintain patients on the system but do not start new patients on them Patients transferred to Gloucestershire on a TAI system should be referred to the Bladder and Bowel Health Team for review.

ANAL PLUGS

Note: If considering using this product please discuss with the Continence Service first.

		ANAL PLUGS		
Company	Order codes	Size	Quantity	Drug Tariff Price
Renew Medical	706FG731	Inserts Regular Inserts large	30	£66.30
Coloplast Peristeen	1450 1451	Small Large	20	£47.15 £46.16
Wellspect Health care Navina faecal Incontinence Insert	6930400 6930500	Standard Large	30	£83.83

Nephrostomy Drainage System

Patients should be provided with these products by GHT who has been funded to supply them.

Preferred products for prescribing in Gloucestershire					
Product	Manufacturer	Code	Unit	Price £ per unit	Information
Nephrostomy Drainage System					
Complete Nephrostomy Drainage System	Manfred Sauer UK	NephSys.01S Pip Code 305-1521	1	£37.87	Complete system: small belt (900mm x 38mm) and, 2 x suspenders, 4 x 500ml bags short 20cm inlet
Complete Nephrostomy Drainage System	Manfred Sauer UK	NephSys.01L Pip Code 305-1570	1	£37.87	Complete system: small belt (900mm x 38mm) and 2 x suspenders, 4 x 500ml bags long 30cm inlet
Complete Nephrostomy Drainage System	Manfred Sauer UK	NephSys.02S Pip Code 305-1588	1	£37.87	Complete system: Adult belt (1500mm x 38mm) and 2 x suspenders, 4 x 500ml bags short 20cm inlet
Complete Nephrostomy Drainage System	Manfred Sauer UK	NephSys.02L Pip Code 305-1562	1	£37.87	Complete system: Adult belt (1500mm x 38mm) and 2 x suspenders, 4 x 500ml bags long 30cm inlet
Component Parts of System					
Small belt and suspenders	Manfred Sauer UK	NSBelt.01 Pip Code 305-1521	1	£20.43	Small belt (900mm x 38mm) and 2 suspenders. Order an extra belt with each system so the patient can wear them interchangeably and wash them between use.
Adult belt and suspenders	Manfred Sauer UK	NSBelt.02 Pip Code 305-1513	1	£20.43	Adult belt (1500mm x 38mm) and 2 suspenders. Order an extra belt with each system so the patient can wear them interchangeably and wash them between use.
Manfred Sauer UK	Manfred Sauer UK	NS721.1720S Pip Code 305-1547	10	£43.59	10 x 500ml drainage bags short 20cm inlet

Manfred Sauer UK	Manfred Sauer UK	NS721.1730S Pip Code 305-1539	10	£43.59	10 x 500ml drainage bag long 30cm inlet
Manfred Sauer UK	Manfred Sauer UK	CS.TABS Pip Code 304-6570	10	£2.44	10 x Micro-hook self-adhesive tabs and 1 x dark green Velcro fabric tab. Used to reduce drag on inlet tubes

Assessment for Possible Urinary Catheterisation **Think Alert! Before You Insert**

Avoid Unnecessary Indwelling Urinary Catheterisation

Consider all other options (refer to flowchart and tick when performed)		Indications for catheter (please tick appropriate reason)	
A - Assessment A full assessment should include: previous urinary symptoms, drug history, bowels, PR and relevant co-morbidities	<input type="checkbox"/>	A = Accurate urine output monitoring in critical illness	<input type="checkbox"/>
L - Look At alternative methods of bladder management? Intermittent catheterisation, Urinary Sheath (Conveen), Incontinent Pads, PureWick	<input type="checkbox"/>	L = Last resort for patients with urine incontinence – assist in healing of perineal or sacral wounds	<input type="checkbox"/>
E - Evaluate These methods and consider how long the patient is likely to need the catheter for? Type of catheter required, urethral or suprapubic?	<input type="checkbox"/>	E = Empty the bladder for major Surgical procedures – intraoperatively & postoperatively	<input type="checkbox"/>
R - Record And document discussion has taken place with patient, carer and/or multidisciplinary team where possible	<input type="checkbox"/>	R = Retention - relief of acute (painful) or chronic (painless) urinary retention – following a bladder scan & documented residual of mL	<input type="checkbox"/>
T - Treat With a urinary catheter Yes complete Indications for catheter No complete Trust Continence Assessment and contact Continence Service	<input type="checkbox"/> <input type="checkbox"/>	T = Treatment of special circumstances for the improvement of comfort in palliative care discuss with patient, carer and multidisciplinary team where possible	<input type="checkbox"/>
		Please commence Urinary Catheter Care Bundle	
Signature		Print name	
Designation		Date	Time
		DD / MM / YYYY	00 : 00

